

# The Good Oil

*Olivet Care – Monthly Magazine*



## Looking forward...

Here at Olivet, every day brings a chance to see extraordinary things. Compassionate care being provided, friendships being formed, laughter, fun and simply life being lived.

However, as we start this exciting new year, you can't help but notice the progress made in the last twelve months on our beautiful new building.

Whilst those working on this project are well aware of the incredible amount of work involved, it is now that we near the finish line that we see the product of all that labour - and it's really exciting.

Keep an eye out for more news coming soon on when our new building will be ready for a walk-through.

We know you're just going to love it!

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### JEREMIAH 29:11

"For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you a future."

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# From Meredith's Desk

What a start we have had to 2020. Terrible bush fires have been raging through our bushland and many people have lost their homes. Australian native animals have suffered as they have been caught in burning bush. We have also witnessed such resilience and goodwill, where our firefighters have volunteered their time as they have bravely fought fires, volunteers have cared for those who have had to flee their homes and those unaffected by the fires have donated money, food, clothing and shelter. So even though we have been suffering as a country we can be assured by the goodness that is demonstrated in times of need.

Closer to home, many changes are occurring at Olivet. We are pleased to welcome Jo Hill our Operations Manager who has joined the management team and is moving ahead to get our new building ready for occupancy. This is such an exciting time and we are all ready to get into action so that we can move in. Closer to moving date we will hold a meeting to keep everyone informed as to the actual date and how we will manage the move. I have had a look inside and while there appears to still be a lot of work to be done our builders are back from their holidays refreshed and ready to complete the building. I can reassure everyone that it is a beautiful inside with so much open space that our residents will have lots of areas to move about or sit and look at the beautiful views across the creek.

As I write this I can't believe that January is nearly at an end I look forward to the year ahead and hope to know you all a little better as the year progresses. I wish for you all a safe and peaceful 2020.

*Meredith King*

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# What's New at Olivet?

We're always glad to hear from our residents, families, clients, friends and visitors - feedback is the fuel to positive changes here at Olivet.

You can always contact us in person, complete a "Your Thoughts" (located in each wing) - anonymously if you wish - call or send through an email.

The following changes have been made recently as a result of feedback provided via the Your Thoughts forms.

**Blinds for the sky-lights in Myrtle Court Dining Room** - feedback was provided that the dining room was quite hot due to the sky-lights in this area. Blinds have now been installed to increase the comfort of our residents.

**Juniper Footpath** - has now been repaired to allow a smooth ride for those in wheelchairs or using walkers.

**Evening Meals** - we've responded to feedback about evening meals and have made changes accordingly. Response so far has been really positive, so keep letting us know what you think!

**Staff Badges** - a request has been made for larger names on our staff badges for ease of reading. All new badges will be in a new design which has larger text.

***Thank you also for all the lovely comments that have arrived across my desk expressing thanks to the staff for their wonderful care. This comment was made by the daughter of one of our residents:***

*"I would recommend Olivet Nursing Home to anyone. I would hope that if I need to go into a nursing home it would be Olivet for first choice. The kindness and love shown to my mum was indeed wonderful, and the meals were great too."*



We'd also like to say a big THANK YOU to our Auxiliary for purchasing six new bed assist alarms for Juniper Wing.

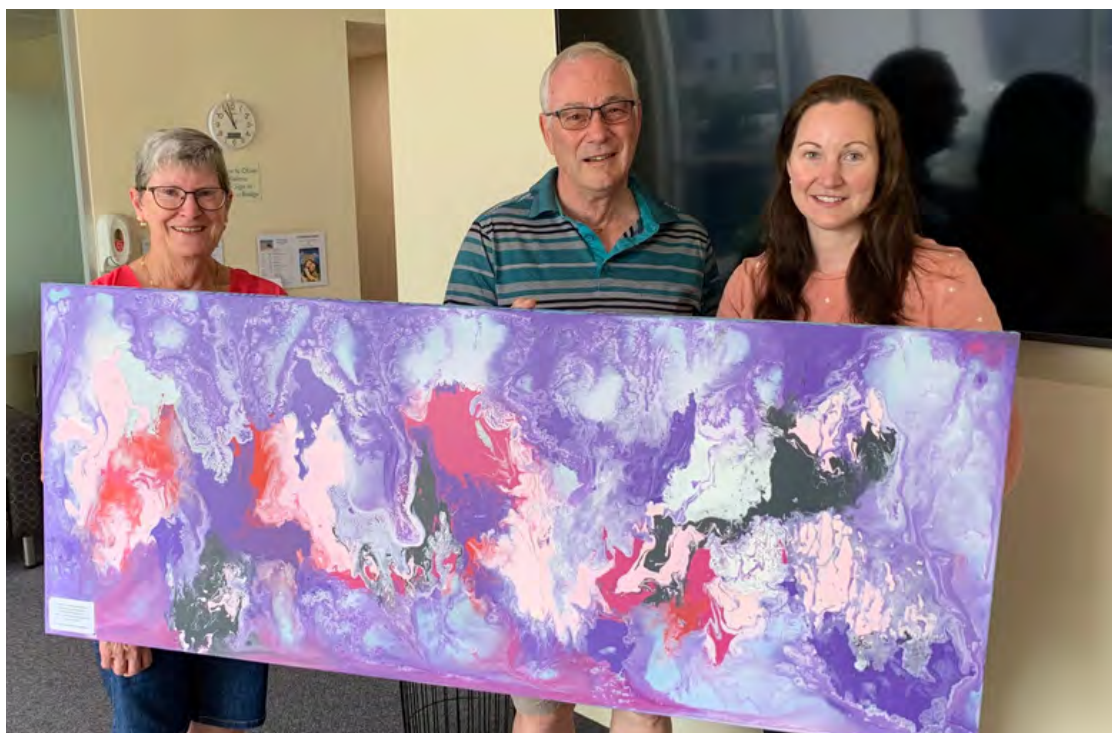
We're so excited by this innovative design. Sensors which sit underneath the mattress (and not noticable to the resident) provide an early alert to staff that someone is moving out of bed and may need assistance. This design reduces trip hazards as it is not placed on the floor and is fully automated.

Olivet is also working to provide these throughout our new building as well.

# Thank you!

We were so honoured to receive an incredibly generous gift from the family of late resident, Dorothy Plumridge. Dot's grand-daughter Meagan Myers, who is an accomplished artist, painted this beautiful piece using Dot's favourite colours. The painting was presented to us in thanks for the care provided to Dot at Olivet.

**Thank you all, we feel privileged to have cared for Dot, and look forward to finding the perfect place for this piece in our new wing.**



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## Did You Know?

### Resident Meetings

Every two months, a "Resident Meeting" is held to discuss changes, answer questions and pass on important information. Anyone is welcome to attend the meeting. Meetings are held on a Friday at 10am in the Reception Foyer "Collins Room".

Dates for 2020 are as follows:

**February 14th      April 17th**  
**June 12th          August 14th**  
**October 9th**

We ask that you call Olivet Reception on 9131 5500 prior to coming in just in case there has been an unexpected change.



# Olive Grove House

Welcome to the New Year, we hope you all had a wonderful Christmas and holiday with your family and friends and that the New Year brings you all peace, joy and good health.

We certainly have been experiencing some horrific weather conditions, firstly the terrible fires that have been burning throughout Australia, we pray for all those affected including the poor animals and hope that the rain has assisted in putting them out or keeping them under control. Sending our condolences to all the families that have been affected.

## HOLIDAY REMINDERS

A reminder that OGH will be **CLOSED** on the following dates.

**Thursday 27th February** Annual Spring Cleaning Day  
**Monday 9th March** Labour Day Public Holiday

The day centre will be closed for our annual spring cleaning day. The room is cleaned daily, however closing for a full day allows us to give the entire room a thorough clean and prepare for new activities. We apologise for the inconvenience caused to our clients and families, but look forward to presenting a clean and sparkly room!





# Olive Grove House

## JANUARY BIRTHDAYS

We celebrated Josie, Ian and David's birthdays in January. We hope you all had a wonderful day with family and friends.

## WELCOME TO OUR NEW CLIENTS!

We would like to welcome our new clients, Joan, Dorothy, Peter and Kevin to the Olive Grove House family. The staff and clients all welcome you!

## JANUARY ACTIVITIES

Our clients had fun singing along to karaoke (and me too!). I do miss the fun in the room and couldn't resist leaving my office for a sing and a dance! The smiles and laughter was lovely to see and hear.

We have discovered many of our clients enjoy bowling, so this year bowling will take place once a fortnight on a Tuesday and then a Friday. We look forward to sharing photographs next month.

Our staff are looking forward to providing some fun activities and themes for 2020, information will be sent home early February with each client regarding the program including our monthly cultural themes. The room is currently decorated in bright colours to represent Summer.

Australia is our first cultural theme, we celebrated on Wednesday 29th by having a BBQ for lunch that was enjoyed by all, thank you to Ken for cooking the snags and burgers and for doing such a great job and to the kitchen for their help with the salads.

Activities included Quizzes, games and the opportunity to participate in Indigenous paintings. (Photos will be displayed in March's Good Oil) Our next Cultural theme for February is Italian, celebrating the Carnevale in February and March.





# Olive Grove House

Olive Grove House will soon have a permanent cultural wall display, with a heading "Where are You From." A map of the world will be on display and a miniature flag will be placed on the map representing our clients and staff and where they are from.

The staff are looking forward to our new cultural activities for 2020 and giving clients the opportunity to experience the world, visit countries that they may not have been to. We will explore the culture we are celebrating at the time including arm chair travel, food tasting, traditions, and costumes, religious and spiritual beliefs. Each month the flag of the country we will be celebrating will be displayed on our cultural wall.

## SUGGESTION BOX

A suggestion box is now placed in Olive Grove House, if you have any suggestions or concerns please feel free to use the box provided, if you would like a response please leave your name or if you would like to talk to me in person please contact me on 9131 5500 or email [a.mcardle@olivet.com.au](mailto:a.mcardle@olivet.com.au).

## SURVEYS

Thank you to those who have already returned the Olive Grove House survey. Please return no later than the 7th February. Your opinions are important in assisting us to improve our standards and ensure we are meeting our clients needs.





# Leisure & Lifestyle

Happy New Year to everyone!

We hope this newsletter finds you all well. We would like to take this opportunity to welcome our new families to Olivet - we hope that we have the opportunity to get to know you and enjoy your company.

We finished December with a beautiful concert on Christmas Eve by Alannah Guthne-Jones playing the harp and singing. This was enjoyed by all. Andrea Green had a small New Years' Eve party on the 31st December to celebrate the past year and welcome the new.

Things are generally a little slow to start during January, and that gives us time to relax and recover from the "busy-ness" of December. A few of the staff members were away on holidays and we have had some new faces around. We've had some new entertainers visiting, including Col Millington and we have learned (or tried to learn!) line dancing with Ariana Beer. We've also enjoyed some singalongs on Friday mornings.





# Leisure & Lifestyle

We've been lucky enough to have had good weather and Alison Caudery has taken the opportunity to take a few people out for coffee, and Andrea Green also took a group of residents down to the beach in Aspendale for fish and chips.







Thank you to Heather and Phil who generously hosted us at their beachside home. What a beautiful day!



February sees us celebrating many birthdays for residents and staff at Olivet - we wish everyone having a birthday in February a wonderful day! On the first Tuesday of each month we celebrate birthdays, so this month it will fall on Tuesday 4th February.

Other activities planned include a concert with Steph on Tuesday 11th (she is a wonderful lady who sings and plays the piano). On Tuesday 18th we will take a trip to America for Armchair Travel with Heather Bourke, and to finish off the month we will have some fun with Pancake Day - including the annual staff pancake once again with the trophy up for grabs! This day can get a little loud and crazy, but it's guaranteed to be funny too!

We will also have Boronia Ecclesia visiting us for afternoon tea and entertainment on Saturday 29th February.

February is a short month, so I am sure it will go quickly. If you are one of our new families, please say hello next time you are in. Our team consists of Alison Caudery (who is also our dietitian), Andrea Green (our artist), Lisa Atley (who also works in Olive Grove House) and Catie Ancan (who also works in Juniper). We're currently looking for new people to join our team, so if you know anyone who is qualified, encourage them to get in touch with me or via Reception.

As ever, please don't hesitate to contact me with feedback, ideas, or just for a chat!

**Allison Lazenby - [leisure.lifestyle@olivet.com.au](mailto:leisure.lifestyle@olivet.com.au)**



# ACTIVITIES FOR February

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!



Thursday 6th	8.45am	Shopping Bus to Chirnside Park
Friday 7th	10.45am	Sing-Along (Willows) Book Club with Wendy
	3.00pm	(Acacia)
Tuesday 11th	9.30am	Library (Acacia)
	10.45am	Concert with Steph (Willows)
Friday 14th	10.45am	Hymn Singing (Willows)
Tuesday 18th	10.45am	Armchair Travel - America with Heather (W)
Thursday 20th	8.45am	Shopping Bus to Chirnside Park
Friday 21st	10.45am	Sing-Along (Willows)
	2.00pm	Movie - Little Women (Willows)
Friday 28th	10.45am	Hymn Singing (Willows)
Saturday 29th	2.00pm	Boronia Ecclesia Entertainment and Afternoon Tea

## Reminders

Daily Bible Readings in Acacia Hall 2.00pm  
Bible Class commences Tuesdays 7pm Acacia Hall

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## Tell Us About It

At Olivet, we always welcome feedback. Whether you'd like to tell us what we're doing well, offer a suggestion for a new initiative or activity, or let us know where we can improve, we'd love to hear from you!



### SPEAK TO US

Either in person or by calling 9131 5500.

Our Reception Team will direct you to the right person.



### WRITE TO US

You can complete a "Your Thoughts" form (located in each wing next to a submission box), or simply jot down your feedback and pass on to Reception, your Clinical Manager or our Care Manager.



### SEND US AN EMAIL

Emails can be sent directly to the Department Head or Clinical Manager if you have their contact details, or send through to [Reception@Olivet.com.au](mailto:Reception@Olivet.com.au) and we'll direct to the right person.