

The Good Oil

Olivet Aged Care - Monthly Magazine



Two visiting draught-horses stole the show this month. Their gentle nature (and unending appetite) was amazing!

A year of celebration for Olivet

In 1949, the first piece of land containing a house was purchased for a deposit of £50, and this was the beginning of Olivet as we know it today. The original house was purchased to provide accommodation for Christadelphian families arriving from England while they found their feet in a new country.

The original Rupert Street house was added to over a few years and then was demolished to allow the building of 16 single room units. These were opened in July 1980. They stood where the administrations building is now. In 1981 The Willows Nursing Home was opened, and this is soon to be replaced by the beautiful new building which will be completed by the end of January, with move-in date to be hopefully in late February or early March 2020.

1994 saw units at 14 Rupert Street being built, followed by the units at 333 Maroondah Highway and subsequently 335 Maroondah Highway in 2005. During 2002 Cedar Village was opened, and Acacia Wing was also underway (opening in 2003). Olivet continued to grow with our Memory Support Wing named Juniper and opened in November 2012.

Seventy years of growth and change, adapting to fill the needs of our local community - and all to serve others, as God has called us to do.

We pray that Olivet will continue to be blessed, and to be a blessing to those who we serve.

QUOTE LOCATION

3:1 "There is a time for everything, and a season for every activity under the heavens...

3:22 So I saw that there is nothing better for a person than to enjoy their work, because that is their lot. For who can bring them to see what will happen after them?"

From Meredith's Desk

We are well aware here at Olivet that our team of dedicated staff are truly what makes us stand out from the crowd in aged care. As we come to the end of 2019, we'd like to say a special thank you to team-members who have hit some special anniversaries!



Congratulations to **Morgan Aaltonen-Stroud** for 20 years of service at Olivet. During this time you have cared for many, many people, and you are well respected and loved by the residents and their families, and your colleagues. **Thank you for all that you do for Olivet.**

Congratulations to **Alison Caudery** for 15 years of service. You wear so many hats and do an exceptional job caring for our residents and volunteers. We are so fortunate to have a qualified dietitian who oversees the special needs of our residents. Our special events would not run so smoothly without the help of your wonderful volunteers. **Thank you Alison for all the nurturing and care you provide.**



Congratulations to **Andrea Green** for 15 years of service. Starting off as a ward assistance, personal care worker and now working in leisure and lifestyle. Your artistic prowess brings so much joy to us all as we look in wonder at how you can turn a blank sheet of paper into a masterpiece. Your energy that you bring to Olivet can exhaust us all, and the way you take the residents out for speedy rides on the 2-seat scooter is definitely a favourite activity! **Thank you.**

Congratulations to **Joanie Welten** for 10 years of service in our memory support wing, both as a personal care worker and more recently as a well-being carer. You bring care and compassion to our residents, their families and also your colleagues. **Thank you for your hard work.**



We're looking forward to celebrating more milestones with you, and with the rest of our amazing team as the years continue to roll on. Thank you all for your hard work.

Olive Grove House

Welcome to the last newsletter for the year! Myself and the staff at Olive Grove House would like to wish our clients, carers and families a very Merry Christmas and a happy new year. We have welcomed so many new clients to the Olive Grove House family this year and sadly had to say farewell to others who will always be in our thoughts. We are very blessed to have such wonderful families and caring staff. Thank you for making Olive Grove House such a success - we couldn't do it without you all.

I would like to say a very special thank you to all the staff who, over the last few months, have supported my transition into my new role. You are such a great team and I look forward to working with you all next year. Thank you to the families for your continued support as well.

We hope you have all enjoyed the activities during the year, the staff working very hard to present our specialty themes and are already working on ideas for next year. Stay tuned in 2020!

FRIENDLY REMINDER - HOLIDAY CLOSURES

Olive Grove House will be closed on the following dates:

Wednesday 25th December - Christmas Day

Thursday 26th December - Boxing Day

Wednesday 1st January - New Years Day

Monday 27th January - Public Holiday for Australia Day



Our Olive Grove House room is officially ready for the festive season!



Olive Grove House

NOVEMBER BIRTHDAY CELEBRATIONS

We celebrated this month with Valda, Vilim, John, Sheila and Heather on their birthdays. We hope you all had a lovely celebration with your family and friends!



WELCOME TO OUR NEW CLIENTS!

Welcome to our new clients, June, John, Irene and Doreen. We hope you enjoy being a part of the Olive Grove House family!

MEDICATION POLICY

Just a reminder of Olive Grove House medication policy, we have very strict guidelines that we must follow. All medication must be in the original box with person's Name: Strength: Dose: frequency: route for the Medication, name of the pharmacy must be displayed on the container /packet or in a sealed Webster pack. Please note the medication to be administered must be on the medication chart.

This also applies to antibiotics, Panadol, Panadol osteo etc. Staff are not permitted to administer any medication that is not labelled correctly or if not on the medication chart. All medication must be given to staff on arrival so that it can be stored safely, it will be returned when going home. Please ask a staff member if you need a new chart, I am sorry but letters from family will not be accepted. If you would like more information please feel free to call me on 9131 5500, we apologise for any inconvenience caused and thank you for your understanding.

COMING UP SOON - CHRISTMAS FESTIVITIES AND FUN!

Olive Grove House is looking lovely with all the traditional Christmas decorations, the team are looking forward to providing activities during the month of December and our theme-week will be Monday 16th to Friday 29th December. We will have lots of yummy Christmas food, Christmas carols, shortbread biscuits and much more.

We'd love to see you get into the spirit during December by wearing something Christmassy each time you come!

HOLIDAYS

I will be going on holidays over the festive period. My last working day will be Thursday 19th December and I will return to work on Thursday 2nd January. If you have any queries, Fiona Moore will be filling in for me and she can be contacted via telephone (9131 5500) or email (A.Mcardle@olivet.com.au). Fiona will be monitoring my email inbox whilst I am away and will get back to you as soon as possible.

Don't forget that the office is closed on public holidays!

If you are having time away, or won't be attending Olive Grove House on certain days during the festive period, please let us know.

Olive Grove House

SPECIAL VISITORS TO OGH

The clients and residents had the opportunity to meet two beautiful Clydesdale horses. They were very tall and I must say, very gentle and well behaved. I would love to know just how many carrots they consumed on that day!



We went from two very large visitors to one very small (but adorable) pony whose name was Malibu. Malibu is a therapeutic pony who is five years old. He is a very special pony who works hard to help people. He understands his job and does it well. His focus is primarily to allow residents to feel safe and secure in his presence, and to provide them with the opportunity to participate in a calming and enjoyable experience. It was lovely to see and hear the impact he had on his visitors, especially in the Juniper Wing. He gave everyone a Merry Christmas card and the lovely quote on his brochure reads...

"For those days when you are feeling blue....remember your time spent with Malibu!"

The next horses were even smaller again, but not nearly as cute. The staff and clients had fun with our very own cup day race - there was lots of laughter in the room that day and some very competitive clients and staff!

A Little Poem...

*"From home to home and heart to heart,
From one place to another.
The warmth and joy of Christmas,
Brings us closer to each other."*

Merry Christmas to you all, and may you enjoy this special time with family and friends.

Olive Grove House

SPECIAL VISITORS TO OGH



Leisure & Lifestyle

Hello everyone!

I hope this newsletter finds you all well. Our November has been wonderful and very exciting - with many moving events. We shared a lovely afternoon tea to farewell our Director of Nursing, Penny West and say a heartfelt thank you to all who attended.

Also this month we have enjoyed entertainment from Clayton Ecclesia - and more recently we enjoyed the sweet sunday school singers from Ringwood Ecclesia with some Christmas songs and cheer to share with us all. We've also enjoyed a concert with Ian Kent, and have shopped up a storm at the Christmas stall. A special thank you to Lyn Turner and Lyn Saxon (volunteers) who coordinated the purchasing of the items for the Christmas shopping day - we do still have a few items left on a table near Main Reception if you have any extra gifts to purchase.

We've been very busy putting up Christmas decorations to make Olivet look beautiful and festive - which has made us all realise how close we are to the holiday season!

We were very lucky to have visits from two draught horses, as well as Malibu the miniature pony this month (Malibu was visiting for Olive Grove House and we were fortunate enough to be able to enjoy that visit too!). Malibu's visit also tied in with the day of the Heritage College students visiting - the day made all the more joyous for them being here.

This first week of December kicks off with our Willows Christmas High Tea - we can't wait to see everyone there. Please remember to read through this newsletter each month as this is where you will hear about our special events - we don't want anyone to miss out! If you have family members or friends who wish to be on our e-mail list for newsletters, please just let the team at reception know.

Our Christmas functions will be a little different this year due to the renovations, but we will still make it a very special time spent together and celebrating. On 17th December we will have our Christmas morning tea - specifically for our residents and those living in our retirement village and independent living units - and it's always a lot of fun!

Christmas Day and Boxing Day are public holidays, of course, and we will have less staff (from an activity perspective) on these days and between Christmas and New Years Day. January is usually a little quieter with people away and some activities on hiatus. We hope this will be a good time to relax and recover from the Christmas cheer and activities.

All activities on each day are available to view on the large television screens in each dining room. Sign-in desks also have special events notices updated regularly to keep you abreast of upcoming events. Each resident also has a monthly activity calendar in their room to help with accessing as much (or as little) as they wish to.

I would like to take this opportunity to thank everyone for a fantastic 2019 and we look forward with excitement to 2020. It will be an eventful year moving into our new building and renovations of the "old" Willows, and we can't wait to share all these developments with you.

Have a fantastic Christmas, happiness and good health in the New Year.

Allison Lazenby

PS - don't forget you can contact me any time via email - leisure.lifestyle@olivet.com.au

Leisure & Lifestyle



Win and Rod Harrison celebrating Win's birthday! Hope it was a lovely day



A visit from these beautiful twin babies just made our day! Here is Ian with one of his newest great-great grandchildren!



Malibu the pony also visited our residents in The Willows during their Wednesday fun-day with Heritage College.

Everyone enjoyed this darling little pony...



We said a sad farewell, and a great big thank you, to Penny West on the occasion of her retirement.
A lovely afternoon tea and time to reminisce...



Thanks to Andrea for her amazing work on the sign for Penny's farewell



Our chime-group did a beautiful job providing a musical interlude for all to enjoy, and a talented singing group also provided the soundtrack to the afternoon.



Another event we enjoyed this month was the Annual Thanksgiving BBQ for our Volunteers and Independent Living Residents. This year made extra special with a celebration of Olivet's 70th Anniversary and a tribute to Penny's 30 years of service



Celebrating Peter Wallace and Bev Cresswell
Members of our Committee of Management who have served Olivet for many years in a selfless way

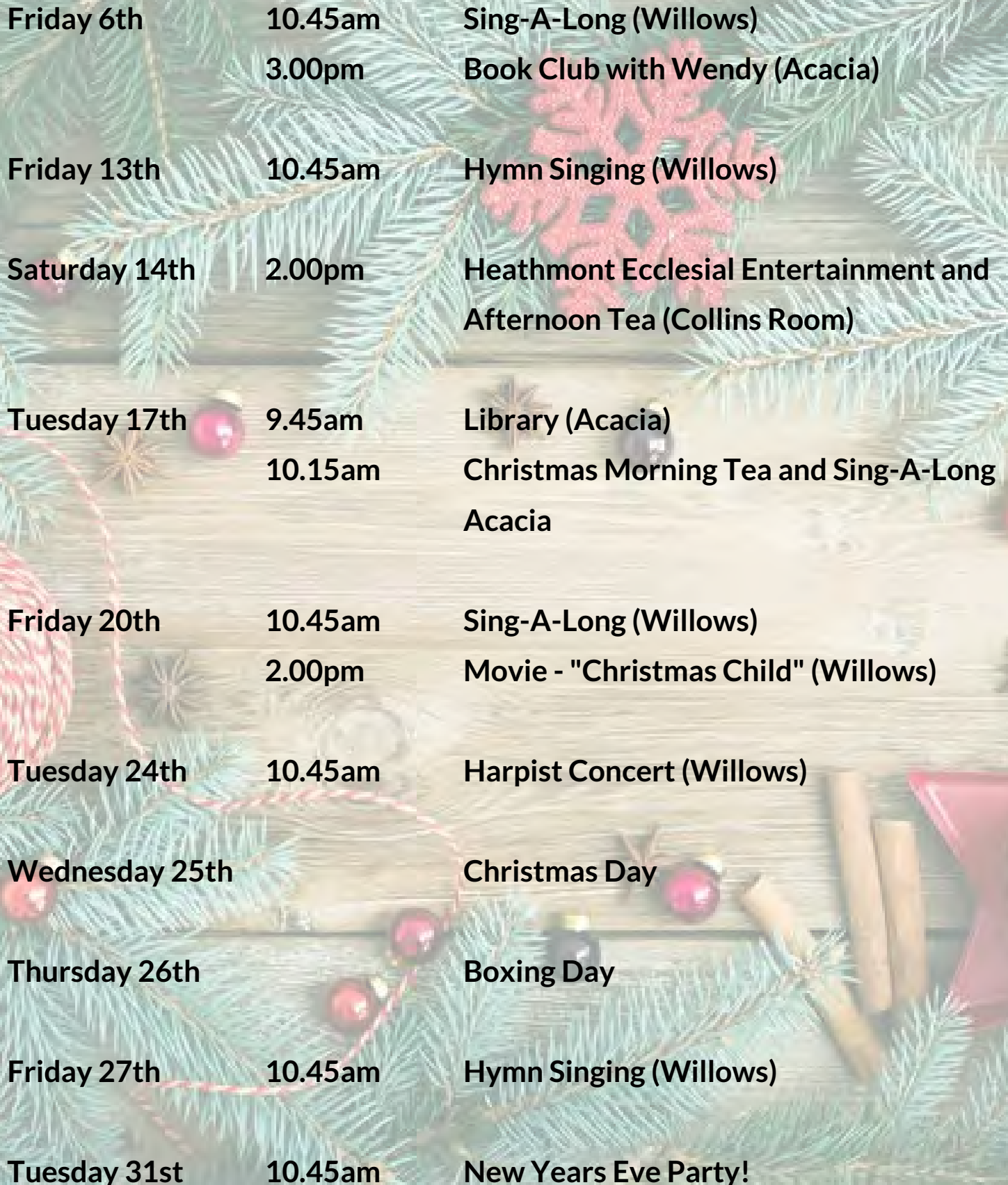


John Finnin - Committee of Management
Reflecting on our history, and looking toward our future



ACTIVITIES FOR December

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!



Friday 6th	10.45am	Sing-A-Long (Willows)
	3.00pm	Book Club with Wendy (Acacia)
Friday 13th	10.45am	Hymn Singing (Willows)
Saturday 14th	2.00pm	Heathmont Ecclesial Entertainment and Afternoon Tea (Collins Room)
Tuesday 17th	9.45am	Library (Acacia)
	10.15am	Christmas Morning Tea and Sing-A-Long Acacia
Friday 20th	10.45am	Sing-A-Long (Willows)
	2.00pm	Movie - "Christmas Child" (Willows)
Tuesday 24th	10.45am	Harpist Concert (Willows)
Wednesday 25th		Christmas Day
Thursday 26th		Boxing Day
Friday 27th	10.45am	Hymn Singing (Willows)
Tuesday 31st	10.45am	New Years Eve Party!

Reminders

Daily Bible Readings in Acacia Hall 2.00pm
Bible Class in recess



Juniper Jottings

This month in Juniper we enjoyed a special Spring-Time Morning Tea!



We enjoyed delicious food, a Spring-Time Quiz and of course, good company with many visitors



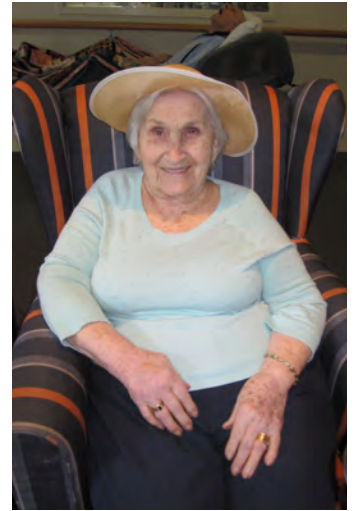
Doreen and Fred celebrated their wedding anniversary at our Springtime Morning Tea. Congratulations on a life-time of love!





Juniper Jottings

Melbourne Cup Day saw Juniper residents celebrating in hats and running the "Juniper Cup" which was lots of fun (and just a little competitive!)



We had some equine visits - with a beautiful draught horse early in the month, and most recently Malibu the miniature pony! Both ends of the spectrum in size - but both stole our hearts.





Juniper Jottings

Our residents are always very happy to receive visitors.

Pictured here are Ruth, Adelmo and Mitchell enjoying time with their visiting friends and family-members.



Glenda was delighted to grow and measure this very tall succulent flower! "A blessed event"





What's in a name..?

This year has seen several changes at Olivet. You will have noticed that care staff are wearing new name badges, and if you look closely you will see our new logo on them! You may also notice that our care team-members have new job titles.

Personal Care Workers are now known as **Care Companions**

Leisure and Lifestyle personnell are now known as **Well-Being Carers**

Cleaners are now known as **Housekeepers**

Kitchen personnel are now known as **Catering Personnel**

Director of Nursing is now known as **Care Manager**

...and most importantly, our residents decided at the resident representative meeting that they do not want to be known as "consumers", and remain being known collectively as **residents**.

And make sure you keep an eye out - early in 2020 we'll be showcasing our new brand identity - as we work to communicate what we do in an effective, consistent and clear way to our community and the public. Exciting times ahead!

2020 Monthly Get Together

Next year we will be planning a monthly get-together to discuss topics of interest. For example, palliative care, nutrition and the elderly person, and Dementia.

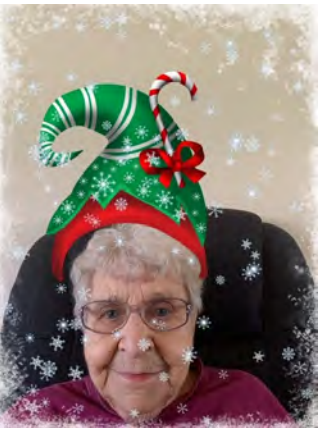
I would be very interested to hear what you as family of our residents would like to hear about and discuss.

Email me via M.King@Olivet.com.au with your suggestions and we will get to work on a program.

I am also keen to hear if you have any questions or concerns coming out of the Royal Commission into Aged Care, I will do my best to answer your questions.

Meredith King
Care Manager

It's Christmas!





Merry Christmas
& A Peaceful,
Safe New Year!

from Management and Staff at Olivet