

The Good Oil

Olivet Aged Care - Monthly Magazine



Community Matters

MATTHEW 18:20

"For where two or three
gather in my name,
there I am with them."

Reminders this month and next that our **Community Spirit** is very much alive, and very important

During April we threw open the doors of Olivet and Olive Grove House and, on a beautifully balmy evening enjoyed our Twilight Fair. Little children, families, friends and our beautiful residents all turned out to enjoy time, a laugh and a meal together. What joy we saw on the faces of everyone who came along!

Such a reminder of the importance of spending time together, sharing in our community spirit and simply having a laugh!

This month we can do it again with our "Biggest Morning Tea" - please come along and share in the community spirit once again as we dress in bright colours and raise funds for the Cancer Council. Details are further on in the newletter.

A Note From Penny's Pen

Penelope West - Director of Nursing

Consumers of Care and our Rights

The Aged Care Act came into operation in 1999, and since that time the Aged Care Industry has been operating under different Charters of Rights and Responsibilities for the elderly receiving Community Care to those in Residential care.

The current Charter is documented within a Resident Agreement which is offered and signed by the resident/or client as a whole document at the time of admission into Community Care or Residential Care. The Commonwealth Government have decided to introduce a new Single Charter to cover all areas of aged care and now Residents/ Clients whether in the community or in residential care are referred to, under the Act, as Consumers. This Charter is required, by law, to be in operation from 1st July 2019.

The new Charter is the following:

I have the Right to:

1. Safe and high quality care and services
2. Be treated with dignity and respect
3. Have my identity, culture and diversity valued and supported
4. Live without abuse and neglect
5. Be informed about my care and services in a way I understand
6. Access all information about myself, including information about my rights, care and services
7. Have control over and make choices about my care, and personal and social life, including where the choices involve personal risk
8. Have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions
9. My independence
10. Be listened to and understood
11. Have a person of my choice, including an aged care advocate, support me or speak on my behalf
12. Complain free from reprisal, and to have my complaints dealt with fairly and promptly
13. Personal privacy and to have my personal information protected

From 1st July 2019, it will be Olivet's Responsibility to provide a copy of the new Charter, signed by Olivet, to each Consumer and ensure that they, or their authorised person, is given a reasonable opportunity to sign a copy of the Charter - although there is no compulsion to sign.

The purpose of requesting the consumer's signature is to allow them to acknowledge they have received the Charter and have been provided with assistance to understand it.

So, Olivet will be providing this new Charter to you from 1st July onwards and we will be pleased to assist you with further information and explanations as to the wording and meaning of this new Charter. You will notice that there are no longer any Responsibilities documented for Residents as there are in the current Charter. These responsibilities currently relate to respecting the rights and needs of others and to respect the needs of others as a community. Also to respect the rights of staff to work in an environment free from harassment and for Residents to care for their own health and to inform their Medical Practitioner about their own medical history and their current state of Health as far as they are able.

Whether we live in a big family or alone, we are all still members of a community and have responsibilities to each other. It is hoped, that even though the Government has decided to word the new Charter with only Rights, that those Responsibilities as previously mentioned, are still as important and will still personally apply, so we can continue to live and work together peacefully in our Olivet community.

May God continue to be with us, to bless, guard and guide us.

- Penny

Olive Grove House

We hope you all had a wonderful Easter with family and friends. The weather was absolutely perfect, especially for those who took the opportunity to go away for the long weekend.

Cathy Honan left for Bali on Good Friday for a week and we hope she enjoyed her long-deserved break!

IMPORTANT REMINDERS FOR CARERS

KEEP US UP TO DATE

Please notify Cathy Honan of any changes to your level of package, for example, when you go from Level 1/2 to Level 3/4 - it is very important that Olive Grove House is kept informed of these changes, and that your package is fully allocated so you can continue to take advantage of the subsidised cost of OGH. Similarly, please keep us informed of any change to your address, contact details, doctor, package provider or case manager.

Please also note in your diaries that we will be closed on Monday 10th June for the Queen's Birthday public holiday. We apologise for any inconvenience this may cause - a letter will go out to all clients nearer to this date.



Just a reminder that if your loved one is unwell with the flu, bad cold, virus or upset stomach, please keep them home for the day. We realise this has a big impact on the carer by not allowing your loved one to attend, however we have many frail aged clients with complex health issues who attend Olive Grove House, and we have a duty of care to keep all of our clients safe and well.

MEDICATION ADMINISTRATION



There are strict legal requirements in relation to the administration of medication to clients by staff in Day Centres such as OGH. **Staff cannot administer** any form of medication without a medication chart completed and signed by the clients GP. This includes eye drops, inhalers, medicated creams etc.

All medications brought into OGH should be in a sealed Webster Pack. If this is not possible then they should be provided in the original container with the clients name, medication strength, dose, frequency and route of administration.

APRIL BIRTHDAY CELEBRATIONS

There were no birthdays to celebrate in April, but we look forward to celebrating with many of our clients in May!

WELCOME TO OUR NEW CLIENTS!

We would like to welcome our new client, Bill, to the Olive Grove House family.

OGH CLEANING DAY

A big thank you to the staff for all their hard work with our annual spring clean. The room is now spic and span and ready for business as usual. We appreciate your understanding with our closure for the day.

Happy Mothers' Day!

A special wish to all the Mums, Grandmothers and special women out there for a very happy Mothers' Day. We hope you get to celebrate with your families and enjoy this special day. For those whose mothers are no longer with us, we are thinking of you and know that you are forever in our hearts and memories.

Olive Grove House

TWILIGHT FAIR

It was so fabulous to see so many families and friends in attendance at our fete held at Olive Grove House. A great big thank you to all who supported this event and making it such a successful night. The clients, residents, staff and especially the children seemed to really enjoy themselves! A little further on in the newsletter you'll see lots more photographs of this great event.

UPCOMING THEMES

Our theme for **June** will of course be "Royalty Week". We'll keep you updated with plans and activities as we progress but "we" look forward to royal waves, crown jewels, tea and cucumber sandwiches!

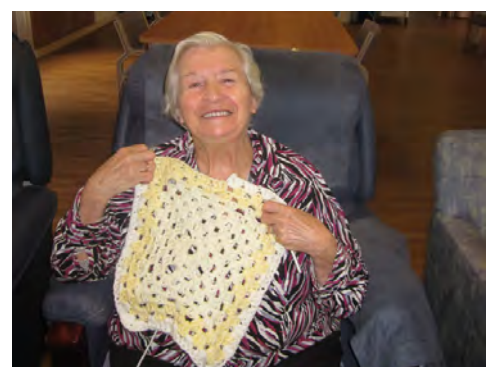
We're all really excited about our major theme for **July** - Step Back into Colonial Times! The room will be decorated accordingly, with lots of fun activities. Our team will dress up and you will feel like you are at Sovereign Hill for the day!



Pasta-making with our lovely client Carmela - what a treat! Thank you for sharing your talents with us



A sad farewell to our lovely Yvette who is off on new adventures. We will miss you!



Leisure & Lifestyle

Hello everyone!

We hope this newsletter finds you well and enjoying the wonderful autumn weather. We've had a lovely April with a concert, an Elvis movie and of course our Twilight Fair. Due to another commitment I was unable to attend the evening, but I did donate and have seen the photographs - so I know it was a wonderful event! Special mention to the wonderful staff who contributed to the smooth running of this family event. The Olive Grove House team, Leisure and Lifestyle staff and the special event coordinator Andrea Green. You all worked very hard to put this event together and I have heard many people express what a great time they had. Of course, very important is the announcement of the funds raised which was an impressive **\$1963.00!** Thank you so very much to all who came along and shared the evening with us!



Leisure & Lifestyle



Leisure & Lifestyle

I would also like to take this opportunity to thank the Tintern Junior School who visit us each year with a wonderful donation of Easter Eggs. These donations are all made by the Tintern families, and usually the school children have done small jobs to earn the eggs. We also received two wonderful Easter Trees, decorated with small rabbits, worms and caterpillars made by the Tintern kindergarten children. These can be seen in Acacia Wing and Myrtle Court. Our residents received their Easter Eggs on Easter Sunday when the bunny had visited...!



Our Easter visit from Tintern Junior School

Alison and Joanie were very lucky to be able to take some of our residents to the Tesselaar KaBloom Flower Festival in Monbulk on an outing this month. It was a beautiful day and everyone enjoyed the short tractor ride around the fields soaking up the colours of the blooms. The photographs show what a glorious day it was!

Heading into May we are closer to winter, but the fun doesn't stop in the colder months! We have another family event with our "Biggest Morning Tea" on Tuesday 21st May, raising funds for the Cancer Council. The event will be at 10am in the Collins Room. All are welcome, and we simply ask a gold coin donation to help raise funds for this worthy cause. Our theme is "Bright Colours and Flowers" this year - so dress accordingly and get into the spirit!

The Bible Mission Autumn Fair is on Saturday 4th May at the Community Centre, and Sunday 12th May is Mothers' Day - so we wish all the Mums a wonderful day with their loved ones. Our movie will be "The Secret Garden" and we have Upper Gully Ecclesia coming to entertain us on the 25th. We also have two big concerts this month with Ian Kent on the 14th and Heathmont Singers on the 28th.

As always, don't hesitate to contact me at any time for suggestions, comments or if you need a chat. Best wishes!

Allison Lazenby
(Activities Coordinator)



The flowers at the KaBloom Festival did not disappoint!



ACTIVITIES FOR May

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!

Friday 3rd	10.45am 3.00pm	Sing-A-Long (Willows) Book Club (Acacia)
Saturday 4th	3.00pm	Bible Mission Autumn Fair (Community Centre)
Tuesday 7th	9.15am 10.45am 1.15pm	Library Birthday Party (Willows) Community Church (Willows)
Friday 10th	10.45am	Music DVD (Willows)
Sunday 12th		MOTHERS' DAY
Tuesday 14th	10.45am	Ian Kent Entertainment (Willows)
Friday 17th	10.45am 2.00pm	Sing-A-Long (Willows) Movie - The Secret Garden (Willows)
Tuesday 21st	10.00am	Cancer Council Biggest Morning Tea (Collins Room) Wear bright colours or flowers!
Friday 24th	10.45am	Hymn Singing (Willows)
Saturday 25th	2.00pm	Upper Gully Entertainment and Afternoon Tea (Collins Room)
Tuesday 28th	10.45am	Heathmont "Sing Australia" Singers (Willows)
Friday 31st	10.45am 3.30pm	Hymn Singing (Willows) "Catie's Capers" (Willows)



Reminders

Daily bible readings in Acacia Hall 2.00pm
Bible Class Tuesdays at 7pm in Acacia Hall



ACBM AUTUMN FAIR

SATURDAY 4TH MAY

3PM STALLS OPEN

5.30PM TEA

Grab a treasure and a bargain
Slow down with afternoon tea and treats
Facepainting and activities for the kids
Enjoy a delicious Indian or Aussie tea

**RINGWOOD COMMUNITY CENTRE
(RUPERT STREET, RINGWOOD)**

Community Information

Bi-Annual Olivet Volunteer Support Group Meeting and Training Monday 20th May, 10am - 12.30pm

Theme: You Can't Pour from an Empty Cup

God Willing, we will once again hold our Volunteer Meeting and Training session including a self-care workshop. Individual invitations have been sent to our Volunteers, if you have not received your invitation, or if you would like more information on our Volunteer Program, please contact our office.



Wheelchair for SALE
Original cost was \$1,320.50 price is negotiable

Karma-s Ergo 18" x 17" manual wheelchair comes with
Smart Ergo s shaped seating system, QRS, fold down back attendant brakes, solid tyres
Swing away footplates, swing back arms
Mesh upholstery with aegis shield removable padding, SWL 115kg Total weight 10kg
Light weight and portable, integrated high traction surface.
Please contact seller Mrs Gabb 9734 9101



A special mention this month to Miss Lucy Dodson of Ringwood Ecclesia, who decided to sell candy canes to raise money for Olivet Aged Care. What a special young lady, happily finding ways to help others and spread joy!
Thank you and keep up the good work Lucy!

Buried In Treasures

Uniting  Maroondah City Council

A 16 week, two hour self help, action group for people living with hoarding behaviour

**Tuesdays
10.30am to
12.30pm
Commencing
Tuesday 30
April**

**Kerrabee Centre,
3 Louisa Street
Croydon**



\$20
Includes a copy of the book 'Buried In Treasures - Help for Compulsive Acquiring, Saving and Hoarding'

**Light refreshments provided.
Groups sizes of 8 to 12 people.**

Offering a judgement-free environment, this program is open to people living with hoarding behaviour in the Maroondah, Yarra Ranges and Knox municipalities. After completing the 16 week program, you will be ready to make a positive change in your life.

For more information, or to register, please call Uniting Tenancy Plus on 8870 4030 or Maroondah City Council on 9294 5729. You can also email maroondah@maroondah.vic.gov.au



1300 88 22 33 or 9298 4598
www.maroondah.vic.gov.au



Biggest Morning Tea

TUESDAY 21 MAY
10.15AM
COLLINS ROOM

WEAR BRIGHT COLOURS AND FLOWERS
AND BRING A GOLD COIN DONATION TO
RAISE FUNDS FOR THE CANCER
COUNCIL

RSVP TO RECEPTION
91315500
RECEPTION@OLIVET.COM.AU