



THE GOOD OIL - DECEMBER 2018

'TIS THE SEASON

It's Christmas time once again! We hope you're enjoying seeing the beautiful decorations and festivity throughout Olivet. A big thank you to our Leisure and Lifestyle Teams and Volunteers who have "Christmassed up" our surrounds and brought cheer to every corner of the buildings.

As the end of the year rolls around, there is wonderful opportunities to reflect on the year that was. We can look back on achievements, trials overcome, joys experienced and memories made. We can also muse on what worked, what didn't, and where we'd like to increase our focus in the coming year.



Whilst the days and weeks get extra busy throughout December (it's not called the silly season without reason!), it is also a time where our communities tend to focus on doing good.

There are some fabulous tools to help keep focus on kindness and charity in the lead up to Christmas - one I've seen is an Advent of Kindness which we are using at home. A small task each day to do for someone else. A reminder of putting others first, even when things are so hectic.



What will you do this season? It doesn't have to be big, or cost money - simply letting someone ahead of you in a queue when they look frazzled; allowing that driver to merge in front of you and not getting cross. These little things can bring a measure of peace to our busy days.

This month is so full with Christmas celebrations here at Olivet, we do hope you can come along and have fun with your loved ones.

Enjoy our final issue, and we'll see you again in the new year!

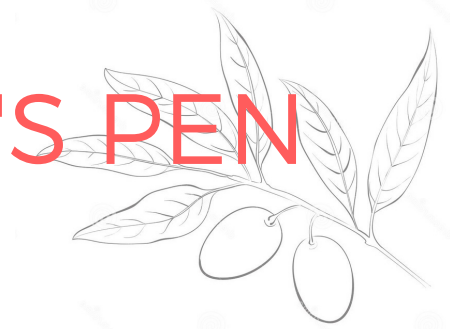


*"Glory to God in the
highest and on earth,
peace, good will toward
men."*



A NOTE FROM PENNY'S PEN

PENNY WEST - DIRECTOR OF NURSING



THE YEAR THAT WAS...

Where did this year go to? That statement really does belie my age as I remember my Mother telling me that time goes quickly as you age. However, as a child, the Christmas school holidays seemed to go on for an eternity. 6 weeks seemed like 6 months, now 6 months seems like 6 weeks! Apparently to do with life's expansive experiences crowding out our memory.

This year, my mind has centred on being thankful even when on the surface, there seems to be little reason to have this feeling. Each difficult or stressful event is made that little easier, if there is a positive in amongst all for which to be thankful.

The feeling or action of thanksgiving can be felt because of the support, understanding and positivity of the teams of people working with you, or the meeting of minds from a generally divisive family who have been able to unite and agree on a small point, or because a Government Official sees your worth and earnestness through the maze of bureaucratic Red Tape, or simply because you have been able to spend time to hold a hand to guide or comfort and realise that this is the reason for doing what you do.

Being inwardly and outwardly thankful centres you. Without this emotion and action, it is all too easy to put blame on others, feel sorry for yourself and internalise stress. None of these feelings lead to a positive state of mind or action – but a reaction leading to more negatives.

So, as we end this year, we are thankful that we have an amazing group of people on our Olivet auxiliary who tirelessly work to raise donations for the care and comfort of our elderly. We are also thankful that we have scores of Volunteers who tirelessly give of themselves to support and engender wellbeing in our residents. We are so thankful for our staff who work because they want to generously give and especially, we celebrate with those who have given long service to Olivet. We are thankful that we have Olivet – an organisation which next year will celebrate 70 years, accommodating and caring for those in our Christadelphian and local Community, and most importantly, we are thankful to our God, without Whom, we are nothing.

May God continue to be with us all, to guard, guide and bless us and let us show our thankfulness to each other.

RESIDENT SATISFACTION SURVEYS - EXTENSION

We have extended the time available for completion of resident satisfaction surveys to **Thursday 14th December**.

Would any families who have received the email link to complete the survey on behalf of their loved one kindly return by this date.

Your feedback is so very important to us as we strive to continually assess and improve all aspects of resident care and experience at Olivet.

INFORMATION SESSION: OLIVET COMMUNITY CARE



Thank you to all who attended our information session about Olivet's In-Home Support services which can now be offered via Home Care Packages or Privately. The session, presented by Jackie Beer (our Community Nurse and Home Care Case Manager), was really well received - we're so excited to be able to provide another branch of support to our clients as they strive to remain at home.

If you would like information about our in-home support, and how we can help you to remain at home as long as possible, you can contact **Jackie Beer** (Case Manager) in our office - **9131 5500**. Jackie can come to you in your home and provide information about services and funding you may be eligible for.

OLIVE GROVE HOUSE

DAY CENTRE AND ACTIVITY PROGRAM

Hello All and welcome to the last Good Oil from Olive Grove House this year!

It is with so much sadness that we say farewell to one of our much loved staff members Sylvia who will be retiring.

Sylvia commenced in 2003 in Toorak Hostel as a personal care worker for 2-3 years. Her Father Bob also came into care in Toorak at the same time and was a resident for 3 years before passing away, Sylvia's Mother, Judy also came into Olivet for care in Myrtle court in 2017 and sadly passed away in 2018.

Training to become a personal carer was a huge achievement for Sylvia and gave her so much more confidence in herself.

Sylvia's creativity will be sadly missed in Olive Grove House. Much of her beautiful art work, themes and back drops are displayed in the room and used year after year. Sylvia has such a lovely caring approach to all our clients, residents and staff you can feel her calming presence in the room and is loved by all. She has enjoyed 15 years at Olivet and loves our clients, she wanted to bring joy, love and comfort to those she cared for.



OLIVE GROVE HOUSE

DAY CENTRE AND ACTIVITY PROGRAM



OGH will host a special Afternoon Tea on Tuesday 18th December at 1.30pm and we welcome you all to join us in celebrating Sylvia's retirement.



Sylvia has appreciated working as part of a team she has formed deep friendships with staff, we have laughed and cried together and supported each other through good times and bad, weddings, grandchildren, the loss of loved ones,

Sylvia will miss this greatly. Sylvia, from my own personal experience, has always had wonderful advice and knowledge in knowing how to support you and the right words of wisdom which I will always be grateful and thankful for.

Sylvia has said she will always have many fond memories of the clients, staff and Olivet for the rest of her life.

Sylvia's Christian faith is a priority in her life and it has been her desire that this be reflected in her work. She would like to convey her thanks to the Olivet management and staff for her support and encouragement over the last 15 years.

OLIVE GROVE HOUSE



A big Happy Birthday to the following clients who are celebrating birthdays this month; Margaret on the 11th, Ron on the 11th also and Helen on the 20th!

*Welcomes and
FAREWELLS*

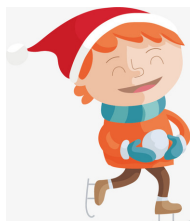
A very warm welcome to our new clients this month; Marilyn, Jim, Daphne, Eileen and Joan to our OGH family this month!

We also say farewell to Palma, Peter D, Peter C, Angelo, Ada, Roslyn, John and wish them well as they start their new journey into care.

*December
BIRTHDAYS!*

A Christmas Poem - Snowball

I made myself a snowball,
As perfect as can be,
I thought I'd keep it as a pet,
And let it sleep with me.



I made it some pajamas,
And a pillow for it's head,
Then last night it ran away,
But first it wet the bed!

The OGH Team have been busily decorating the room with baubles, tinsel and Christmas cheer! Our clients have been helping to make Christmas gifts this year, which will be sent home on the week commencing the 17th December. We will be having our Christmas Party from 17th to 21st December so everyone gets a chance to celebrate.

Please help us to bring the Christmas Cheer as we celebrate by dressing in Christmas colours or wearing a santa hat!

Important

Olive Grove House will be CLOSED on the following public holiday dates.

DATES TO REMEMBER!

Tuesday 25th December (Christmas Day)
Wednesday 26th December (Boxing Day)
Tuesday 1st January (New Years Day)

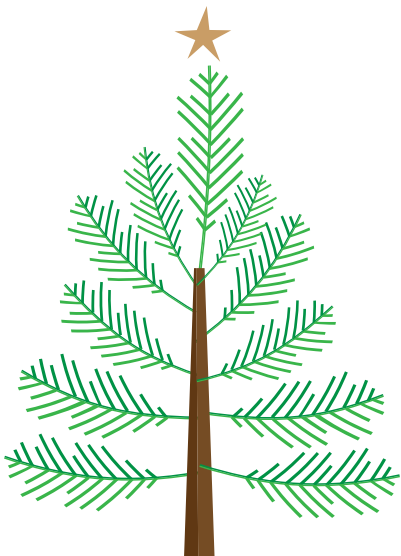
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December BIRTHDAYS!



From all the staff in Olive Grove House, we wish you a safe and wonderful Christmas and look forward to seeing you back again in 2019 for more fun, creativity and laughter (LOTS more laughter!)
Love from Cathy, Gaye, Sylvia, Yvette, Scott, Fiona, Selina, Lisa, Kerrie, Karen and Ann

LEISURE AND LIFESTYLE NEWS

CHRISTMAS TIME IS HERE!

Allison Lazenby

leisure.lifestyle@olivet.com.au

November has had a mixture of weather from hot days and nights with a lot of rain; oh, Melbourne you never fail to keep us on our toes! As for the weather on Cup Day - wow! - the horses just about needed gum boots.

Everyone at Olivet is getting ready for Christmas, with decorations going up and preparations for the family celebrations. This year's lunches will be a little different and we might be a little cosy due to our renovations. Please be understanding and know that we are doing our best to continue this much-loved tradition, to include as many visitors as possible, and to keep everyone comfortable and happy!

This month has seen our Birthday Celebrations go off with a bang, our beloved Shared Choir finale concert and everyone getting a chance to do some Christmas shopping down in Acacia. The shopping morning is something that we do each year as a service to our residents and two wonderful volunteers do all the shopping. I would like to say we really appreciate Lyn Saxon and Lyn Turner for all the hard work the two of these lovely ladies put in, we also have a great team of volunteers who help and support us on the day from collecting money, writing card, wrapping, gift suggestions and even assisting the residents back to their rooms.

December is a very busy time for everyone and we hope you all enjoy the festivities we have planned!

During November and December Mac has been in on a few different days, due to my own busy schedule. He is getting very comfortable around the place as you can see.



I am personally having a few weeks off from the 21st December, so Mac will also have time off and I am sure he will miss everyone.

On Tuesday the 27th of November we not only celebrated the December Birthdays we had the pleasure of the VCAL students from Ringwood Secondary College come to visit us and have a bowling competition. It was a lot of fun and once again lovely to see the generation gap coming closer.

During the month of December we have a few residents and staff members who are having Birthdays, we hope you all have a wonderful Birthday celebration.

On a final note, I would like to take this opportunity to wish everyone a wonderful Christmas and may the New Year bring love and joy to us all.

Best wishes from everyone in the Lifestyle and Leisure Department.

Allison Lazenby, Alison Caudery, Andrea Green, Catie Ancan, Gaye Depetro-Garner, Lisa Atley and some new faces Kerrie, Karen and Katrina

Fun and Frivolity!



Our annual collaboration with Heritage College for the Shared Choir continues to be a highlight. Thank you to all involved - this is such a beautiful event.



Fun and Frivolity



Bowls with the
students from
Ringwood
Secondary!



ANNUAL THANKSGIVING BBQ VOLUNTEERS, UNIT AND VILLAGE RESIDENTS



This annual event took place on 22nd November and even though the clouds were black outside there was warmth and friendship inside.

A beautiful meal was served up by Penny and her team, meat was BBQ'd by Julian and his team and the meal was enjoyed by all.

This meal together is also a chance to thank our wonderful volunteers for their work through the year. Volunteers who have been volunteering at Olivet for a number of years are presented with a certificate and a Special Badge; this year we had 10 awards; including a 5 year award, 10 years, 15 years, 20 years and two volunteers; Marjory Burgess and Lyn Saxon who have been volunteering for 35 years! We thank all our volunteers for the love, time and care they give to our residents through the various activities that they do from assisting with maintenance / cleaning jobs, gardening, hairdressing, Bible readings, serving morning and afternoon teas, assisting the lifestyle and leisure team and many other activities.

Olivet wouldn't be the place it is without the many hours of work put in by our volunteers who do it because they enjoy it and many feel that this is a way they can show God's love. Recent comments from our Volunteer survey were;

I enjoy interacting with the residents and those that enjoy chatting, I enjoy working with my friends in Christ.

It's always a pleasure to help make residents happy by having their hair done, I enjoy the interaction with them and with the other volunteer ladies.

If you would like to get involved and volunteer at Olivet which can be weekly or just once a month; please contact Alison Caudery, Volunteer Co-ordinator





CHRISTMAS AT OLIVET

EVENTS, ACTIVITIES AND PLANS TO BE HELD, GOD WILLING

MONDAY 3RD DECEMBER	9.00AM - VOLUNTEER HAIRDRESSING - SPECIAL SESSION
TUESDAY 4TH DECEMBER	11.45AM - "WILLOWS CHRISTMAS CELEBRATION LUNCH" 2.00PM - COMMUNITY CHURCH (WILLOWS)
FRIDAY 7TH DECEMBER	10.45AM - SING-A-LONG (WILLOWS) 3.00PM - BOOK CLUB (ACACIA)
SUNDAY 9TH DECEMBER	10.30AM - RINGWOOD SUNDAY SCHOOL VISITS TO ACACIA, MYRTLE AND WILLOWS
TUESDAY 11TH DECEMBER	10.45AM - MUSIC DVD (WILLOWS) 11.45AM - ACACIA / MYRTLE CHRISTMAS CELEBRATION LUNCH
FRIDAY 14TH DECEMBER	10.45AM CHRISTMAS HYMN SINGING (WILLOWS) 2.00PM - MOVIE: MIRACLE ON 34TH STREET
SATURDAY 15TH DECEMBER	2.00PM - HEATHMONT ECCLESIA ENTERTAINMENT AND AFTERNOON TEA (COLLINS ROOM)
SUNDAY 16TH DECEMBER	10.00AM - NORWOOD SUNDAY SCHOOL VISITS TO ACACIA, MYRTLE AND WILLOWS
TUESDAY 18TH DECEMBER	.9.45AM - LIBRARY (ACACIA) 10.15AM - CHRISTMAS MORNING TEA AND SING A LONG
FRIDAY 21ST DECEMBER	10.45AM - CAROL SINGING (WILLOWS)
TUESDAY 25TH DECEMBER	CHRISTMAS DAY
WEDNESDAY 26TH DECEMBER	BOXING DAY
FRIDAY 28TH DECEMBER	10.45AM - HYMN SINGING

REMINDER - DAILY READINGS IN ACACIA HALL AT 2PM
BIBLE CLASS IS IN RECESS



CHRISTMAS AT OLIVET

On Christmas Day, Tuesday the 25th December, a traditional Christmas Dinner will be served to our residents. Unfortunately we are unable to serve extra meals for families or visitors on this day.

If you are planning to take your loved one out on Christmas Day, please complete and return the form below to the Clinical Nurse Manager in your area (Karen Russell in Juniper, Anne Byrne for Myrtle Court and Willows, Naomi Durrant in Acacia and Willows Ramp).

Alternatively you can send an email to reception@olivet.com.au which will be forwarded to the appropriate area.

CHRISTMAS DAY PLANS - TUESDAY 25TH DECEMBER 2018

I will be taking my family member
..... out for Christmas Day.

I will be at Olivet at aroundam/pm
for pick up and return at approximately
.....am/pm



Please provide the information above to Olivet via the Clinical Nurse Manager in your loved ones area, or Main Reception.

a word of thanks

WHICH TOUCHED OUR HEARTS...

This month we received feedback from the family of a much loved and missed resident. This feedback was immediately shared within the office and gave a feeling of warmth to the heart of each person who read it. We're delighted that the authors of this note offered for it to be shared in our newsletter, so we leave their words with you below.

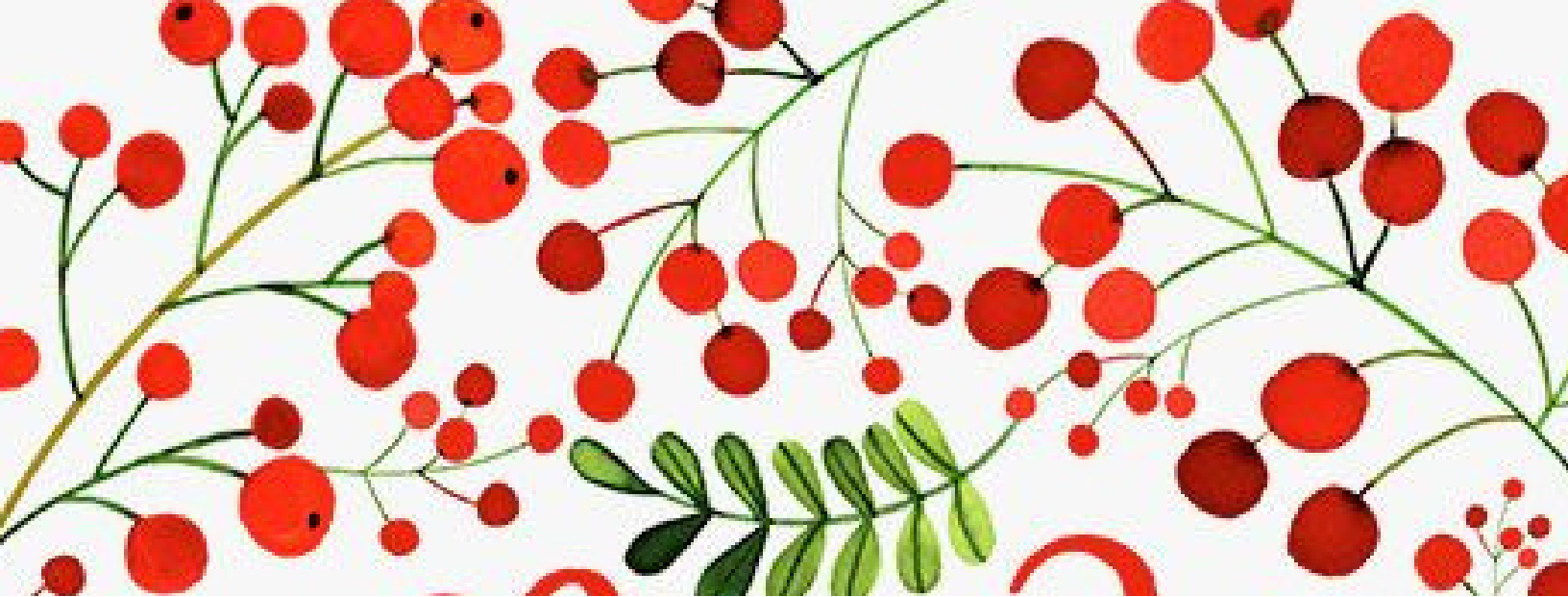
“ We would like to say a big, heartfelt thank you to all the staff

involved in his day to day care. We appreciated the input you all had to keep him comfortable and happy, and the interaction all staff had with him was above and beyond the duty of care. Also, thanks to the fellas and girls for making Dad laugh and sing and tell stories; also for the continued supply of bananas that he loved so much.

You all treated him with respect and also made us feel he was a part of the Olivet family, including Mum and I.

So thank you all.

Happiness and love to you all and may you continue the same care for your residents for years to come. ”



MERRY CHRISTMAS

and a Happy New Year...

We pray that God will bless you and yours with a
safe, contented and joyful holiday season.

FROM THE MANAGEMENT AND STAFF
AT OLIVET AGED CARE

