



THE GOOD OIL - OCTOBER 2018

As the cherry blossoms open on the trees, and the days become just a little warmer, we all exhale and welcome this change in season.

The season changes have always been a reminder to me that, regardless of what we might face from day to day, the world continues turning, the sun rises again, and that all things do pass. Truly all things in this current world, the good, the bad and the mediocre, do pass.

This can be such a motivator in any situation - encouragement to stop and be present in the joyful times, to acknowledge and be grateful for the blessing of a sunny day, time with loved ones or a special event. It is also encouragement on more difficult days that anxious feelings, trying days and challenging times will indeed pass.

The month of October is absolutely full to the brim with wonderful activities.

Our annual SPRING FAIR arranged and managed by the hard-working Olivet Auxiliary will be held on Saturday 21st October, God Willing. We will be praying for sunny skies over the day as we enjoy opening our doors and grounds to visitors of all ages. There are so many ways to get involved for all ages - Lego building, biscuit decoration, vegetable art and so much more!

I can assure you that our fair is truly a lovely event and we hope that you can join us.

There is also still time to get involved, so if you'd like to help out, please contact our friendly reception team in the usual way.

OLIVE GROVE HOUSE

DAY CENTRE AND ACTIVITY PROGRAM

FOOTY TIPPING AWARDS AND SPRINGTIME FUN!

We are finally seeing some beautiful spring weather, blue skies and blooming flowers although the mornings and nights are still a bit chilly not quite time to put away those winter woollies.

Staff News

Cathy has been on a three week holiday, we look forward to her return and to hear about her holiday adventures

This coming month OGH has celebrated The AFL finals. We would like to congratulate the winners of the footy tipping

First place Louis Goodsir, second place Patricia Gawler and in third place Julian Harley.

Presentation of Trophies and afternoon tea presented, photos to come in the next good oil.



The staff and clients have been very busy decorating the room to celebrate the beginning of spring. Everyone has enjoyed the craft activities and enjoy seeing the end result displayed.



OLIVE GROVE HOUSE



We would like to wish Barr, John and Barry a very happy birthday, we hope you have a lovely day with family and friends.

October
BIRTHDAYS!

Welcomes and
FAREWELLS

This month we are excited to welcome Muriel as a new client to Olive Grove House! We hope you have fun and enjoy getting to know us all!



**A BIG
THANK YOU!**

We would like to thank Ralph one of our clients as he so kindly presented the staff a beautiful frame that he made himself along with professional photos of birds to be displayed in OGH. It is a lovely gesture - Cathy and staff are very thankful and look forward to presenting on the wall for all to see.

LEISURE AND LIFESTYLE NEWS

Allison Lazenby

leisure.lifestyle@olivet.com.au

Oh how beautiful are the gardens, as we look outside it brings a smile to the face to have wonderful colour around. Over the past month some of our residents have had the opportunity to go on an outing while other residents have enjoyed some time outside, and the large screen in the Willows has had lovely photos of gardens taken while walking outside. We have tried to bring spring to everyone and we will continue over the next couple of months.

So the football is nearly over, Yahoo because really who cares about those two teams.....

We have had the football tippers lunch and congratulations go to Ross Murtagh who won the competition for 2018. Remember it isn't about winning, it's about how you play the game, something like that!

We have had a couple of new faces around Olivet, Kirsten a yr 11 student from Luther college who is completing a course at Box hill TAFE and spent 40 hours with us as part of her training, we enjoyed having her around and she was a great help. Maybe she will return next year!

We also have Daniel who is undertaking a certificate in Leisure and Health, he is required to complete 120 hours of voluntary service, so I am sure you will meet him.

Over the past months we have had a couple of special Birthdays including two 90th with Margret Ringrose in the Willows and Betty Brown in the Acacia wing, Eileen Caudery from the Willows turned a wonderful 70. We are sure you have all had wonderful celebrations!

We have enjoyed some lovely music together, some laughs, good company and even had some retail therapy.

We thank the members of Clayton Christadelphian Ecclesia for coming in to entertain our residents, we all appreciate your time with us.

At present Andrea Green is on leave, she is doing wonderful work in Tana (Vanuato) and Catie Ancan will be away at the start of October, we are very lucky to have some familiar faces around to help us. We thank Lisa, Karen and Kerry for your assistance us.

October is starting off wonderful Animal farm and family BBQ lunch. The theme for our month is spring colour. We have a dress in bright colours day on the 12th and that is also our movie afternoon "Peter Rabbit ". The shared choir starts on Monday the 8th, this is also a lovely combination with Heritage College and something that has been a great success over the last few years.

I will be cooking Bacon and Egg breakfast over the month of October in different wings, so check out the program to see when I am in each area. We are also having babies.....well, baby chicks to be precise! Oh so cute, they will be hatching in the Acacia lounge so come and watch when you have time.

We have a puppet show on the 16th, the fantastic spring fair on the 20th, the sensory garden morning tea / walks on the 23rd and Ringwood Ecclesia will entertain on Saturday 27th.

I will also let you all know that the lifestyle team will have a planning meeting on Friday the 26th from 12.30pm until 4pm, so we won't be available that afternoon as we look at what we will do in 2019, analyse what we have done right and wrong in 2018. If anyone has any ideas they would like to put forward please feel free to contact myself, either by phone, email, written message, chat or even a carrier pigeon!

Best wishes from us - Allison Lazenby, Alison Caudery, Andrea Green, Catie Ancan, Gaye de-Petro-Garner, Lisa Atley.



THE CHANGE IN WEATHER HAS INSPIRED SOME OUTINGS - THIS ONE TO 'THE PEOPLE'S GARDEN' IN MONTROSE ON A CLEAR AFTERNOON





**SOME AFL INSPIRED GAMES TO GET US IN THE SPIRIT OF THE GRAND FINAL!
WHAT A GREAT WAY TO HAVE A LITTLE FUN AND ENJOY TIME TOGETHER.
OUR STAFF EVEN GOT INVOLVED, WITH EVERYONE DRESSING IN THEIR FOOTY COLOURS**





A SPECIAL BIRTHDAY CELEBRATION FOR
MARGARET WHO TURNED 90!
FOUR GENERATIONS IN THIS PHOTOGRAPH!



LUNCHEON FOR OUR FOOTY TIPPING
PRIZE-GIVING! WELL DONE ALL

LEISURE AND LIFESTYLE STAFF PROFILE - ALISON CAUDERY

DIETITIAN - L&L ASSISTANT - VOLUNTEER COORDINATOR



I live in Kalorama in the Dandenong Ranges with my husband Bernie and currently have all my adult children back home with us; James has recently returned from 3 years working in the UK, Eloise is working as an Occupational Therapist and Danielle is studying to become a Registered nurse. We also have a dog, Tess who is instrumental in getting me out walking.

Since starting work at Olivet over 14 years ago, the children have been involved in various ways and have all worked at Olivet either as Junior nurses, in the kitchen or Danielle is currently still working at Olivet as a PCW in Juniper.

My roles at Olivet have changed over time and currently I have 3 “hats” – Volunteer Coordinator, Leisure and Lifestyle assistant and Dietitian. I originally qualified as a Dietitian in the UK where I was born, it had always been a passion to do this from early teens after seeing the transformation the dietitian had made to my mum’s life after she was diagnosed with coeliac disease; in my eyes she had saved my mum’s life!

My journey in Olivet started as a PCW, after a few months I had the opportunity to re-train as Lifestyle and Leisure co-ordinator which after a few years I job swapped with Allison Lazenby and she very capably took on the Co-ordinator role giving me the opportunity to study and re-register as a Dietitian. At this time I also took on the role as Volunteer Co-ordinator as well as continuing to provide a lifestyle and leisure role to our residents. We are so blessed to have a good number of volunteers at Olivet, they are special people and bring another dimension and sense of community and love to the lives of our residents. My roles give me variety and I feel they intertwine and compliment each other, I love spending time with the residents and hopefully trying to make a positive difference to their lives in these twilight years either through leisure and lifestyle activities or through checking that their nutrition is as best as it can be. My faith is very important to me and I am actively involved with my ecclesia (Church) in the Dandenong Ranges, I feel so blessed to be able to work in an organisation that has my faith values as it’s core.

When I’m not at Olivet, I enjoy walking and hiking with my family, catching up with friends, cooking, travelling – mainly to see my own family in either the UK or South Africa or just being outdoors and enjoying God’s creation.



Olivet Spring Fair

Saturday October 20th

11:00 am – 2.00 pm

Ringwood Community Centre Rupert St Ringwood

A special event to raise money for the new building

- BBQ
- Hot Potatoes
- Cakes
- Craft
- Child safe area for morning tea
- Fresh Produce
- Activities for children
- Competitions – biscuit decoration, photo, Lego construction, Healthy lunch box, Vegetable art and upcycled craft
- Devonshire teas
- Creative Displays
- Jumping castle
- Silent Auction
- Coffee Cart
- Books
- White Elephant



ACTIVITIES FOR

October

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!

Tuesday 2nd **10.15am**

Animal Farm (Willows Courtyard)
BBQ Lunch (Acacia)

Friday 5th **10.45am**

Sing-A-Long (Willows)

Tuesday 9th **10.45am**
 1.15pm

Birthday Party (Willows)
Community Church (Willows)

Friday 12th



10.45am
2.00pm

DRESS IN BRIGHT COLOURS!
Hymn Singing (Willows)
Movie Afternoon
"The World of Peter Rabbit and Friends"

Monday 15th

Chickens Arrive!

Tuesday 16th **10.45am**

"Puppets Alive" - Collins Room

Friday 19th **10.45am**
 3.30pm

Sing-A-Long (Willows)
Catie's Capers

Saturday 20th **11.00am**

Olivet SPRING FAIR!
Community Centre, Olive Grove House
and Grounds



ACTIVITIES FOR

October

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!

Tuesday 23rd	9.45am	Library (Acacia)
	10.15am	Sensory Garden Morning Tea (Sensory Garden - weather permitting)
Friday 26th	10.45am	Hymn Singing
	12.30pm	Lifestyle & Leisure Planning Meeting (No Activities)
	3.00pm	Book Club with Wendy (Acacia)
Saturday 27th	2.00pm	Ringwood Ecclesia Entertainment and Afternoon Tea (Collins Room)
Wednesday 31st	10.30am	Marbray Dance Band



Reminders

Daily Bible Readings in Acacia Hall at 2.00pm
Bible Class - Tuesdays, Acacia Hall at 7pm

An invitation to
grandchildren and great grandchildren
to join us for



PUPPETS ALIVE



Tuesday 16th October at 10.45 am

In the Collins Room

An enjoyable puppet presentation for
young and old alike to share fun and laughter

BI-ANNUAL OLIVET VOLUNTEER SUPPORT GROUP MEETING AND MORNING TEA

THURSDAY 18TH OCTOBER (GOD WILLING)
10.00AM - 11.00AM SUPPORT GROUP MEETING
11.00AM - MIDDAY EXTENDED MORNING TEA

This event will be held in the Juniper Training Room
(ground floor next to Juniper Elevator)

To assist with catering, please RSVP to
Reception (9131 5500) or email a.caudery@olivet.com.au

YOU'RE INVITED TO THE
SENSORY GARDEN MORNING TEA

10.15am Tuesday 23rd October

(Please RSVP by Friday 20th October at reception)



Please enter our
Sensory Garden Colouring Competition

open to all ages

Please Complete and hand in at reception by Friday 20th October

Prizes for different age groups – Kids and Adults

*Printed copies are available from Olivet Reception
(or a pdf can be emailed upon request)*



JOTTINGS FROM JUNIPER

This month, we have a submission from a family member - a prayer found on a Quilting Website which speaks beautifully to all those who are for and love someone with memory changes.

Thank you for sharing this with us Denise.

*Please grant my visitors tolerance for my confusion,
Forgiveness for my irrationality and the strength
To walk with me into the mist of memory
My world has become.*

*Please let them take my hand and stay a while,
Even though I seem unaware of their presence.*

*Help them to know how their strength
And loving care will drift slowly
Into the days that come just when I need it most.*

*Let them know when I don't recognise them,
That I will...I will.*

*Keep their hearts free from sorrow for me,
For my sorrow, when it comes,
Only lasts a moment, and then it is gone.*

*And finally, please let them know,
How very much their visits mean,
How, even through this relentless mystery,
I can still feel their love.*

Celebrating our Staff

Sunny who is a Personal Care Worker in The Willows, Acacia and Juniper, was recognised this month for the **gentleness** he shows in his day to day work.

Sunny has been a dedicated and well-regarded staff member here with us for almost exactly three years, and we are certainly blessed to have him as our colleague.

Congratulations on your recognition award, Sunny!

Sunny has received a certificate and gift as a token of our gratitude



In our continued effort to celebrate the different ways our team reflect Olivet's vision of providing care and compassion to our residents and their families, this month's focus is on the attribute of a loving attitude.

A loving attitude is truly vital when working with our aged and vulnerable; and since our attitude informs our actions, we can always see when things are done in a loving way.

In each area, a locked suggestion box is situated near to a sign in area or on a hall stand. Beside this box will be attribute nomination forms.

Please write the name of the person you would like to nominate (and your name if you wish) and place the form into the Suggestion Box. In the second half of October all nominations will be placed in a hat and one name drawn. That person will receive a certificate and a small gift. All staff who receive a nomination will receive a card from their Department Head congratulating them on being recognised for showing a loving attitude in their work!