



## THE GOOD OIL - SEPTEMBER 2018

What a busy month we are heading into as we greet Spring with a sunny smile!

Our courtyards and gardens are looking gorgeous, thanks to the work of our gardeners and a recent working bee, and we look forward to our residents and their visitors enjoying these outdoor spaces as the weather begins to warm up again.

There are so many activities coming up and, as always, opportunities to get involved here at Olivet.

Keep your eye out for our School Holiday Animal Farm which is coming up this month (the perfect activity to keep the kids or grand-kids busy in the holidays). Our residents love seeing the children enjoy the animals, so do mark it in your diary and come along if you can.

And whilst the magnolia and wattle is blooming to remind us Spring is coming, Footy Finals Fever has also arrived!

Details of our AFL dress-up day and footy themed activities in both the residence and day programs are highlighted in this month's newsletter. It is looking to be an exciting month.

Work on the construction of our building is also moving forward at great speed - if you call in to Olivet there is a great view of the work site from the windows in Main Reception - do take a moment to stop and wonder at the work of the excavators and machinery working every day.

And of course, Happy Father's Day to all the Dads out there, we hope you enjoy your day!

# A NOTE FROM PENNY'S PEN

PENNY WEST - DIRECTOR OF NURSING

## OLIVET COMMUNITY CARE - PART TWO



We have had a busy month involving much paperwork, gaining Government authorisations and activating Olivet as an Approved Community Care Provider. With a sigh of relief, this process is all now complete and we have commenced both Funded and Unfunded Service agreements with our Olivet Unit and Village residents. We will also be expanding our services to Christadelphians living apart from Olivet and to the general public living within a reasonable radius of Olivet.

At our Resident Representatives meeting last week, I spoke of the benefits to our Olivet unit and village residents who currently hold a funded package and to those waiting for a package, of having Olivet manage or commence managing a new package when offered. We also spoke about the services we can put into place as a stop gap.

The following is information we have placed onto the MyAgedCare website and summarises our approach as a new Provider to assist those who wish to keep connected with family, friends and the Community staying at home with the greatest degree of independence.

*Olivet Community Care is a trustworthy, independent, professional and caring company partnering with you to choose the Home Support Services that suit you.*

*Your health is of utmost importance to your well-being and we are unique to other providers in that the personalised attention our Case Manager provides, optimises your health because each are highly skilled and practised nurses.*

*If something unexpected happens, we are there for each client – not having to wait days for an answer for assistance and we will always act in your best interests.*

*Importantly, we can assist you navigate the rules and red tape, all the while involving you with the choices required to design and maintain a flexible and personalised service that is just right for you*

May God continue bless and  
be with us all.

*Penny*



# OLIVE GROVE HOUSE

## DAY CENTRE AND ACTIVITY PROGRAM

### ROCKIN' AROUND THE CLOCK IN OLIVE GROVE HOUSE...

Well, what can we say but roll on summer!! I think this has been the longest and coldest winter we have had for a very long time, and we are so desperate for some sun and warmer weather to take the chill from our bones, and burn off those winter blues.

A big thank you to all of our wonderful staff who do an amazing job bringing our fun themes together each and every month. So much preparation and hard work is put in to ensure everyone has a great time. Also, to the wonderful families who get involved by dressing up their loved one and embracing the theme - thank you! It is so much appreciated.

Our Rock and Roll Theme for August was a raging success - everyone had such fun (staff included!).

Olive Grove House staff and clients would like to thank Naomi and Bruce for bringing in their beloved 1959 Corvette for us all to see and take some memorable photographs with - it was the highlight of the day and the topic of conversation on everyone's lips!





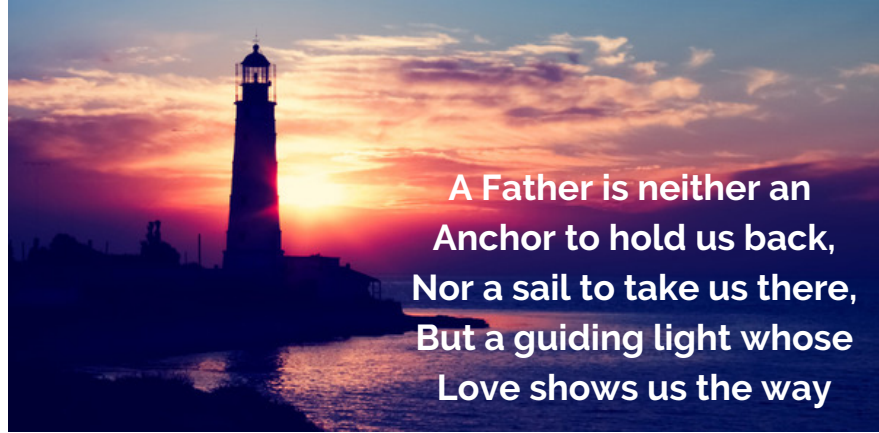
# OLIVE GROVE HOUSE





# OLIVE GROVE HOUSE

This coming month in Olive Grove House we will be celebrating Father's Day (Sunday 2nd September - don't forget!). We would like to wish all the Dads a very special Father's Day from the staff at OGH. Put your feet up, relax and enjoy your day!



**A Father is neither an  
Anchor to hold us back,  
Nor a sail to take us there,  
But a guiding light whose  
Love shows us the way**



AFL Finals are on the way and Scott has been keeping tabs on everyone's footy tips and the winners will be announced in our October Newsletter!

We will be celebrating the Grand Final in the week of the 24th September and we encourage all of our clients to come along dressed up in your team colours and get into the spirit of finals fever!

**A reminder that Olive Grove House will be closed on Friday 28th September for the Grand Final Eve Public Holiday**

*September*  
**BIRTHDAYS!**

Wishing a great big Happy Birthday to our clients celebrating their birthdays during September! Margaret, Raquel, Kevin and Selina! We can't wait to celebrate with you all!

*Welcomes and*  
**FAREWELLS**

We would like to welcome all the new clients who have joined us this month - Daphne, Edward, Barbara, Wayne, Valda, Peter, Ralph, Paul and Erica.

We also say Farewell to Madeleine, and also to Lee and Margaret who became permanent residents here at Olivet, so gladly we will continue to see their bright faces!

**ODD SPOT...**

Two elderly Germans who snuck from their nursing home to attend the world's biggest heavy metal festival had to be tracked down by police. The ageing metalheads, who were found at 3am at the Wacken Open Air Festival, were reluctant to leave so police sent them home in a taxi escorted by a police car.

Just goes to show, a love for music can be timeless - whatever the genre!

# LEISURE AND LIFESTYLE NEWS

YAHOO! Spring is here! We made it through another winter - oh, how I love SPRING!

Winter has been good to us with plenty of rain, but now is the time to get outside and enjoy the fresh air and the garden.

August saw some different faces in the L&L Department, with Alison Caudery away on leave, and Catie unwell. We are always grateful for the way our team-members step in to help out and ensure the show goes on!

Our theme for the month of August was Transport Through The Times, and we enjoyed the loan of a kit from the National Library in Melbourne for a fortnight. It was so lovely hearing tales and reminiscence of our residents' about their first car or first aeroplane trip. Hearing about each others' lives really gives us all a lift!

Highlights from this month included the smiles on winners' faces thanks to chocolate prizes at Music Memories in Acacia Hall at the start of each week, our August birthday party which included a special 100th and 90th celebration for two of our residents. We also enjoyed Hymn-Singing, an Old Time Singalong and we say a heartfelt thank you to our talented piano players who volunteer their time with these activities each week.

Canterbury Ecclesia came to entertain on Saturday 11th, and as always we were blown away by the time and effort put in for our resident's enjoyment. Armchair Travel took us all the way to the UK as we learned about Transport over the other side of the world. We reminisced with the Museum Box and also enjoyed a concert with the Unforgettables toward the end of the month.

Allison Lazenby

[leisure.lifestyle@olivet.com.au](mailto:leisure.lifestyle@olivet.com.au)

So, what will September bring? FOOTBALL! Melbourne lives and breathes football in September, even if you aren't a keen follower of the game, it's easy and exiting to get wrapped up in the hype of finals. Our dress up day will, of course, be football-themed (add it to your diary - Tuesday 25th September - grand final week!). That same day will also be our Footy Tipping Lunch and the presentation to our winning Tipsters.

Other special events during September include a clothing and footwear company attending Olivet on Tuesday 18th (from 10.30am to Midday) to give an opportunity for residents to go shopping. Please make time to come in enjoy some retail therapy with your loved one if you think they would enjoy it.

To keep you on your toes, our Birthday Party will fall on the second Tuesday of the month (11th), as we have a fabulous concert planned with Steph on Tuesday 4th. Our movie for the month is the very funny "The Long, Long Trailer" with Lucille Ball and Desi Arnaz - this will screen on Friday 14th at 2pm if you'd like to join us for a laugh! Mooroolbark Ecclesial Entertainment will be held on Saturday 22nd in The Collins Room (near Reception). And don't forget, we have a public holiday on Friday 28th September - this is a great time to come and visit your loved one as our Lifestyle staff will not be in that day.

It would be remiss of me to forget something so special as Father's Day on Sunday 2nd September. Happy Father's Day to all the Dads - we may not all be fathers, but we all have one, so we hope this is a day to remember the good men in our lives.

A little note - please let us know if you have any special talents you'd like to share with us at Olivet - if you have spare time and can volunteer, or have any ideas for new and fun activities, we'd love to hear from you.

- Allison and the L&L Team!





Staff got into the spirit for  
"Transport" dress up day!  
What fun!



Regular entertainers, The Unforgettables,  
dazzled residents once again!



# LEISURE AND LIFESTYLE STAFF PROFILE - ALLISON LAZENBY (MAC'S MUM!)



I live in Mooroolbark and have two children, Erin now nearly 25 and Kyle, 22. Also in our family are a cat named Occi, a bird named Ozzie (who used to live in Juniper Wing), and a dog named Mac.

I started working at Olivet on the 24th September, 2002, as a personal care worker in The Willows. As my children were young when I started and I was on my own, I was able to work around my children and really only did a couple of shifts per week. As the years progressed and the children got older and more independent, I was able to increase my workload. These roles included Physio Assistant and some work assisting Alison Caudery in the Activity Department. I stepped up to take on more responsibility whilst Alison went on leave....but when she returned we managed to switch jobs!

In becoming the Leisure and Lifestyle Coordinator I have been back to school and increased my skills and knowledge. I have now been in this role for about nine years (I think)!

I currently work at Olivet four days per week and my role includes being noisy and loud, controlling Mac (our lovely dog who visits residents), cooking special breakfasts, singing in the hallways, saying good morning on arrival to work, nagging residents to attend exercise classes, running the footy tipping contest, supporting the other activity staff members and of course hopefully bringing a smile to faces.

My role has its ups and downs as every job does, but most of all I am a "people-person" and I love being with our wonderful residents, hearing their stories, providing emotional support and being a part of their lives.

Olivet has seen me change over the years, including my surname! I was Allison Riseborough until my son turned 18 and then I decided to go back to my maiden name. I do give a lot to the residents at Olivet, but I personally feel they give me so much more! I would like to thank the staff, residents and families of Olivet for their help, support and understanding over the many years I have worked here.

## THANK YOU

### FOR WORKING IN AGED CARE DAY!

Did you know that Wednesday 12th September is the first "Thank you for working in Aged Care day" to be celebrated in Victoria?

Every day, those who work in our industry provide care and comfort, share joy, tears and laughter with our older loved ones. We know that our residents and their families appreciate the care and support shown by our Aged Care Workers - this day is simply a reminder to say - THANK YOU!



# SPECIAL BIRTHDAYS CELEBRATED IN AUGUST!

This month here at Olivet, two of our residents celebrated some special milestone birthdays! Lorna from The Willows turned 100, and Marjorie from Myrtle had 90 candles on her beautiful cake!

Happy 100th Birthday Lorna! What a milestone!



Lorna with her son Tony and her brother Graham



Lorna celebrating her 100th Birthday with son Tony and his wife Debbie



Special birthday visits with grandsons Nic, Tim and Adam



Happy 90th Birthday to Marjorie from Myrtle Court!

Marjorie celebrated with this beautiful cake, and visits from lots of family members

We hope you had a great Birthday!



# ACTIVITIES FOR *September*

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!

**Tuesday 4th**

**10.45am** Concert with Steph (W)

**1.15pm** Community Church (W)

**Friday 7th**

**10.45am** Sing-a-Long (W)

**3.00pm** Book Club (A)

**Tuesday 11th**

**10.45am** Birthday Party (W)

**Friday 14th**

**10.45am** Hymn Singing (W)

**2.00pm** Movie Afternoon (W) - "The Long, Long Trailer"

**Tuesday 18th**

**10.30am** Shopping Event - Senior Style Clothe and Shoes on the Go (A)

**Friday 21st**

**10.45am** Sing-A-Long (W)

**3.30pm** Catie's Capers (W)

**Saturday 22nd**

**2.00pm** Mooroolbark Ecclesial Entertainment and Afternoon Tea (C)

**Tuesday 25th**

**Dress in Footy Colours!**

**9.45am** Library (A)

**10.45am** Footy Fun (W)

**Friday 28th**

**AFL GRAND FINAL PUBLIC HOLIDAY**



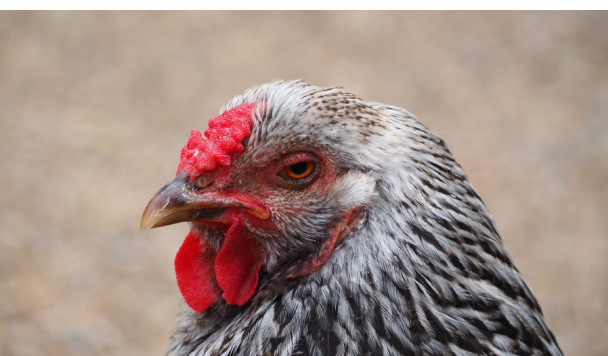
## *Reminders*

Daily Bible Readings in Acacia Hall at 2.00pm  
Bible Class resumes Tuesdays, Acacia Hall at 7pm





A WARM INVITATION  
IS EXTENDED TO ALL RELATIVES  
AND FRIENDS OF OLIVET



*Olivet School Holiday Activity*  
**MOBILE FARM DAY  
& BBQ LUNCH**



Tuesday 2nd October 2018

*God Willing*  
at 10.30am

in the Willows Courtyard



FOR BBQ LUNCH PLEASE **RSVP** TO  
OLIVET RECEPTION BY 28TH SEPTEMBER  
9131 5500 OR  
[RECEPTION@OLIVET.COM.AU](mailto:RECEPTION@OLIVET.COM.AU)  
(FOR CATERING PURPOSES)

*We ask that you make a gold coin donation toward the cost of lunch*





# spring summer menu

Do you have any old favourite cake or dessert recipes for our Spring/Summer menu? We are planning to have our Spring/Summer menu running from 1st October to 31st March.

We are looking for input from our Olivet residents and families for ideas, particularly for some favourite Spring/Summer afternoon tea or dessert items!

Please send your recipes to our Catering Manager, Caroline at [c.wallace@olivet.com.au](mailto:c.wallace@olivet.com.au).

To be considered, we need to receive your ideas by Monday 17th September so that we can check suitability for large scale catering and nutrition.

Many thanks! We look forward to seeing everyone's ideas!



## olivet auxiliary spring fair

Our Annual **Spring Fair** is the biggest event on our fundraising calendar.

This year it will be held on **Saturday 20th October, 2018.**

11am-2.00pm

We would like volunteers to help make this fair a success!

*Donate!*

You can donate handcrafts to be sold at the Olivet Spring Fair. These can be left at Olivet Front Office with our friendly Reception team. Please advise our team if they are for the Fair!

You can help on the day by volunteering to assist on a stall for a short period of time. We'd really love to see some of our residents' families working with us on the day - it really is a lot of fun!

*Help on the day!*

You can register with our friendly Reception Team and the Auxiliary will contact you closer to the date. 9131 5500 or [reception@olivet.com.au](mailto:reception@olivet.com.au)



# JOTTINGS FROM JUNIPER

## Resident Spotlight: Connie Wallace

Hello my name is Constance, known affectionately as Connie. I've been a resident at Olivet for a year now and have settled in well. I was sad to leave my home in Heathmont that I had lived in for over thirty years. I was a keen gardener and also enjoyed handcrafts and sewing.

I was born in Melbourne in 1933 and, after my early years living in Camberwell, my family moved to Maiden Gully, a small place 7 kilometres west of Bendigo. My father Alexander had some land and a small gold mine left to him by my grandfather. Dad was keen on living a country life and maybe, if lucky, dreamed of finding gold. Unfortunately that never happened but as he was a bricklayer her found work in Bendigo.

I started school in Maiden Gully, a very small country school only accommodating about ten kids. After finishing primary school I attended a catholic College in Bendigo. My first job was in a department store in Bendigo.

In 1949 I met a young plumber named Bill who was working in Bendigo at the time, we married and moved to Melbourne. We had two children, Ian and Janet. For a few years early in our married life we went to live in Wodonga as by this time most of my family have moved from Bendigo to the Myrtleford/Bright area.

After a few years in Wodonga due to the recession we decided to come back to Melbourne and built a home in Forest Hill where we lived for 18 years. It was at our home in Forest Hill we had our second beautiful daughter Kathryn.

I then moved to Heathmont where I enjoyed my retirement and these were happy years as I had time to pursue my love of singing. I had a group of friends who shared my love of music and we started a small troupe of musicians and singers visiting nursing homes to entertain the residents.

My friends and I also enjoyed getting together on a Sunday afternoon occasionally singing and playing various instruments from piano right through to my friend Elaine who was amazing on the washboard. We had a lot of great times and lots of laughs!

Now I'm nearly 85 years old and after a life of working hard and caring for my family, I'm taking a rest.





# Celebrating our Staff

**Sui Hrang** from Myrtle (and other areas!) was recognised this month for the **goodness** she shows in her day to day work.

Sui is quite a new staff member to Olivet, but has embraced her role and is well already well-regarded by both colleagues and residents.

Congratulations on your recognition award, Sui, we are certainly blessed to have had you join our team here at Olivet!

Sui will receive her certificate and gift this week!



In our continued effort to celebrate the different ways our team reflect Olivet's vision of providing care and compassion to our residents and their families, this month's focus is on the attribute of GENTLENESS.

Gentleness is one of the attributes described in the Bible in the letter to the Galatians as being a Fruit of the Spirit.

Gentleness is described in the dictionary as - being of a kind and amiable nature. It is a quality of importance for all staff working with the elderly.

In each area, a locked suggestion box is situated near to a sign in area or on a hall stand. Beside this box will be GENTLENESS nomination forms.

Please write the name of the person you would like to nominate (and your name if you wish) and place the form into the Suggestion Box. In the second half of September all nominations will be placed in a hat and one name drawn. That person will receive a certificate and a small gift. All staff who receive a nomination will receive a card from their Department Head congratulating them on being recognised for showing gentleness in their work!