



THE GOOD OIL - AUGUST 2018

It's that chilly time of year when it seems many people are heading north to warmer weather (or even to Europe!). These shorter, wetter, more wintry days can start to drag on, and many of us begin to feel a little "down", yearning for the sunnier, warmer months to roll around.

But there is much we can do to lift our spirits and keep energy levels up while we wait for Spring's arrival!

Eating wholesome, comforting food like soups and stews is a lovely "nod" to the cooler weather. Here at Olivet we move over to an Autumn/Winter menu during these months for just this reason. Rugging up and getting fresh air (where appropriate) is also an invigorating thing to do in Winter. Many of our residents still enjoy getting into the

fresh air when weather permits. Alternatively, on a sunny winter day, there are many bright windows around Olivet where our residents and families like to sit and enjoy the sun's rays, which seem to warm our bones.

Staying active both physically and socially can serve to keep spirits high, as isolation during these cold months can breed loneliness. Many of our activities such as carpet bowls, walking groups and exercise groups bring together a fun, social atmosphere with keeping physically active.

Keep an eye out on our activities listing and see how you can get involved, and stay positive in this last month of winter!

A NOTE FROM PENNY'S PEN

PENNY WEST - DIRECTOR OF NURSING



OLIVET IS NOW A PROVIDER OF PACKAGED COMMUNITY CARE

In 2012, Olivet was successful in an application to the Commonwealth Government to become an Approved Provider for Community Care. This adds to our Approval as a Residential Aged Care Provider. Our reasoning for seeking this addition to our Approvals, was to align our business in the direction that the Commonwealth Government was taking in their agenda to direct funds to encourage older people to stay in their own homes longer through the support of funded care and services. As Olivet has our own Independent Living and Retirement Village units on site, our plan has been to commence provision of Funded Packages firstly to those residents within our umbrella of care and then to our general community.

Following a recent review of Olivet's forward business planning, we are now pleased to report that we are preparing to commence as a Community Care Package Provider. To our Olivet Community Residents in our Village and Units, our Respite and Day Centre Clients and our Christadelphian Community, we would like to provide an opportunity to discuss with you how Olivet can provide a high quality and cost effective Community Care service to you understanding that you, as the consumer, will be directing how these Commonwealth Government funds are used.

If you have signed a Community Care Package agreement with another Provider, we would like the opportunity of supplying a quotation which we are confident will provide more care and services for your funding dollar, overseen by a Christadelphian Registered Nurse with years of experience in Community Care.

If you have been assessed for a Package and receive a letter of offer, we ask that you contact us to discuss how we can offer a package which will suit your individual needs allowing you to stay in your home for as long as possible.

If you would like to discuss any of your Community Care Package needs or how we could assist you to move your current Package to Olivet, please contact Reception at Olivet on 9131 5500 and we will assist you.

May God continue bless us in our work, in the way we provide care and especially in the way we show compassion and kindness to all.

Penny

OLIVET IS A SAFE PLACE AND HOME FOR OUR RESIDENTS

Olivet is a home for our residents first and foremost, and our staff are custodians of their safety. Engaging in our local and wider community is so important for our residents, and so family and friends are encouraged to take their loved ones out and involve them in every day family activities where the resident is able and wishes to go. Our only requirement for these outings are that staff are made aware of the outing, and the Resident Outings Sign Out page is used - preferably using the sign out page in the area where the resident has their room. These are found at the Visitor Sign-In stations in each wing, and at Reception for our Myrtle Court residents.

The following is a tongue-in-cheek story highlighting how a "missing resident" episode can bring fear into the heart of every aged care worker...

DATELINE: BREAKING NEWS

"Today the authorities in the Front Office were alerted to the disappearance of Mr X when he didn't turn up for tea..."

The alarm was raised when a search of the premises did not reveal any clues as to his whereabouts! A staff member, who gave us this interview with the agreement that his/her name wouldn't be published, said that Mr X was last seen in the day room at 3pm that same afternoon, but there had been no trace of him since then.

Eye witnesses reported that Mr X had been taken from the Day Room by an unknown female sometime after 3pm. It was reported that Mr X didn't appear to be under any duress when accompanying the female companion. However, following this incident, Mr X has not been seen since.

This incidence follows the recent disappearance of another resident who went missing in similar circumstances. He was later discovered in another room with tea and biscuits, having a chat and watching TV.

The report of this mystery was rushed to the missing persons control centre at the facility's reception, where the gears of the well-oiled crisis intervention team sprang into action...

The important first response strategy of a "ring-around" to staff proved fruitless as they had all gone home for tea, but this didn't deter the determined leaders of the team; they immediately thought about the second response strategy to go out and search the local area, but this didn't really appeal, because it was raining pretty heavily outside. But if a search party was needed, then a team of volunteers was only a phone call away...with umbrellas!!!

The crisis intervention team were quick to realise that Mr X had been gone for over 2 hours, and his tea would get very cold if he was not found soon. It was decided to call in more team members from the "back office" to bolster the panic level, and maybe come up with a third response strategy.

The team went into review mode...

Did Mr X tell anyone he was leaving?

Who was this unknown female companion?

Had Mr X been taken against his will?

How did he and his companion make their getaway without anyone noticing?

Shall we call the police?

During the course of the investigation, Mr X's notes were perused with eagle eyes, and a small, but vital, clue revealed itself; Mr X's daughter was coming to collect him at 3pm for an appointment! Ahaaaa!

Well done Crisis Intervention Team - another problem solved, another crisis averted!"

OLIVE GROVE HOUSE

DAY CENTRE AND ACTIVITY PROGRAM

IT'S BEEN A WINTER WONDERLAND IN OLIVE GROVE HOUSE...



A big (chilly) thank you to all of our clients and their families who got into the spirit of our Winter Theme this month. Winter hats, scarves and woolly jumpers set the scene, with art and games centered around the cold months of winter!



OLIVE GROVE HOUSE



A big happy birthday to our clients who will be celebrating this coming month, Max, Vera, Nora, Jan, Beverley and Cathy! Happy Birthday to you all and we can't wait to celebrate with you!

August
BIRTHDAYS!

Welcomes and
FAREWELLS

Welcome to some lovely new clients who have joined Olive Grove House this month - Madeleine, Joyce, Mary, Peter, Norman, Audrey and Daphne!

We also say farewell to Marta who became a permanent resident of Olivet Aged Care earlier this month, and to Mavis who was a much loved member of our Program. We will miss these clients and their families, but feel blessed by the fun we have shared together.



Olive Grove House
clients helping to
decorate the room for
"Winter"

LEISURE AND LIFESTYLE NEWS

Allison Lazenby

leisure.lifestyle@olivet.com.au

So here I am, back into full swing as if I have never been away! The holiday is now a distant memory. We book these exotic trips and save our pennies, then BANG! Gone! Finished and back to it.

It was so lovely to receive such a warm response on my return, I certainly feel loved and I thank everyone who welcomed me home. We are very lucky to have a wonderful activities team who kept everything running smoothly and I really do appreciate their help and support. Of course I did come back to some sad news of residents that I didn't get to say my good byes to, and families I have missed. So if you're one of those family members reading this, please accept my condolences and I thank you for allowing us to care for your loved one in the past.

Now July, we are all over the cold, wind and rain but we try to keep everything running smoothly and keep a happy vibe around the facility. Of course we started the month with our birthday celebrations and our Community Church service in the afternoon. Wednesday the 4th July saw baby Logan come in to have a bath. He belongs to one of our male staff members Morgan. Logan has an older sister Peyton and she also had a bath with us when she was a baby, so we like to call them OUR babies!

July is also the month that the staff have the opportunity to have a lazy day and come to work in their pyjamas, a very popular dress up day!

We celebrated the world cup with our own Olivet cup, we attempted to learn about laughter (not a successful morning – and not something we will do again, I am sure we can do better! But, it is good to try new things). The Blackburn Ecclesia came in to entertain, the wonderful and lovely Jane Stamp gave us a lovely concert and the last Tuesday of July has myself talking about my travels to South Korea and Japan with many beautiful photos on the big screen. Our weeks are full of lots of activities that everyone is welcome to attend!

Oh, I nearly forgot! We introduced new staff member "Mac" to everyone...more about him to follow!

August too is looking wonderful, it is our Transport Through The Ages month, and on Tuesday the 7th August we should have a few people walking around who look like transport workers. We have another concert, Canterbury Ecclesia entertaining, reminiscence with the Melbourne Museum and the Unforgettables will entertain us towards the end of the month.

Of course we always have our monthly specials, Book club, movie afternoon, Catie's Capers and our weekly regular activities. Remember, you should all have a monthly activity program in your bedrooms, the weekly program in on the big board in the dining rooms and in your bedroom should also be a preferred activity list of activities we have spoken about that would best suit you. Please feel free to contact me if you have any questions.

- Allison and the L&L Team!



Huge fun at the inaugural Olivet World Cup Soccer Tournament!
Thanks to all involved, everyone had a ball...!



Bathing baby Logan! What a treat to have Morgan's youngest, Logan, come in for a bath and some cuddles.



LEISURE AND LIFESTYLE

STAFF PROFILE - "MAC"



Introducing Mr Mac Lazenby....

I was born on the 23rd March 2018 to my mother, a West-Highland Terrier, and my father, a Scottish Terrier. I had two sisters but people adopted them very quickly and I was left...the lady who gave us food said it was because I wasn't all white and because I was a runt.

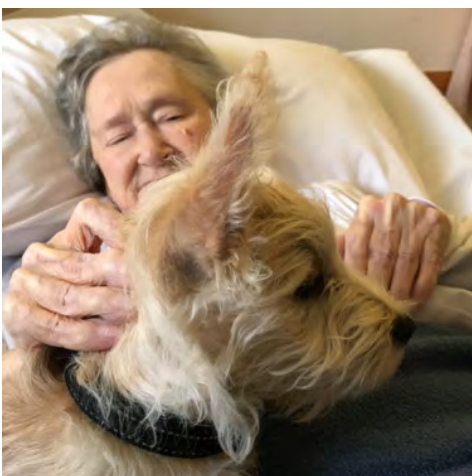
Well, I am a very lucky boy - I was adopted when I was 12 weeks old and came to live with my new mum Allison and my big brother Kyle. They say I have turned the house upside down and I have very big shoes to fill, because they had a dog for 16 years and he was very special. I am trying my best and learning quickly (I'm so glad everyone is being patient with me!)

I will be coming to work at Olivet regularly and I am learning how to be a therapy dog.

Oh I get tired with all the rules and my little legs have to walk soooo far at Olivet!

I do have rules, I am not allowed to eat any human food, so no biscuits or cake, only doggy treats and I can only have one of them if I sit down and be a good boy. Oh and I love liver treats, mum will always have some on hand.

I need to pop outside regularly but if I do have a little accident I am so very sorry. My mum and I go to school together every Saturday mornings and I learn new things all the time, we hope you can all be patient with me and I hope to meet you all, if you like dogs.



CONCERTS AND BIRTHDAYS...

We regularly have visiting professional entertainers, and some who continue to come back year in and out because they are so well-received. This month we were visited by Jane Stamp. And, as ever, we celebrated birthdays amongst residents, staff and volunteers.

Concert with Jane Stamp

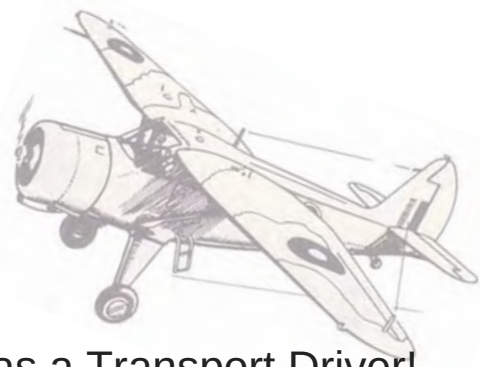


It was a busy month of birthdays during July! Many Happy Returns to David, Annie, Amy and our volunteer Jason

ACTIVITIES FOR

August

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!



Friday 3rd **10.45am**
 3.00pm

Sing-A-Long (Willows)
 Book Club (Acacia)

Tuesday 7th

10.45am
1.15pm

Dress Up Day - Dress as a Transport Driver!
 Birthday Party (Willows)
 Community Church (Willows)

Friday 10th

10.45am

Hymn Singing (Willows)

Saturday 11th

2.00pm

Entertainment and Afternoon Tea with
 Canterbury Ecclesia - Collins Room

Tuesday 14th

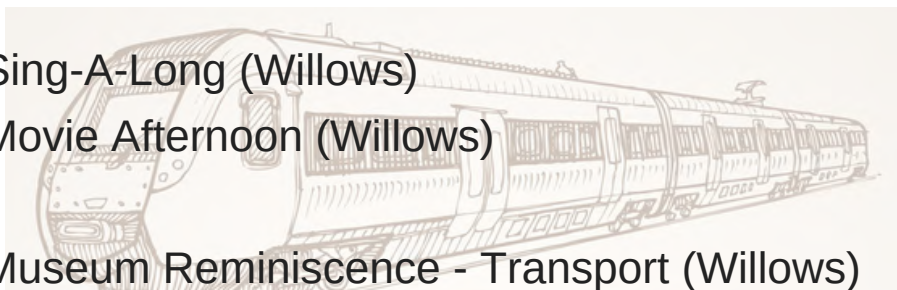
10.45am

Activity to be confirmed (Willows)

Friday 17th

10.45am
2.00pm

Sing-A-Long (Willows)
 Movie Afternoon (Willows)



Tuesday 21st

10.45am

Museum Reminiscence - Transport (Willows)

Friday 24th

10.,45am

Hymn Singing (Willows)

Monday 27th

10.45am

The Unforgettables Concert (Willows)

Tuesday 28th

9.45am

Library (Acacia)

Friday 31st

10.45am

Movie Presentation (Willows)

Reminders

Daily Bible Readings in Acacia Hall at 2.00pm
 Bible Class is in now Winter Recess

A special thank you



We would like to say a special Thank You to John, who lives in Myrtle Court and is much-loved by all of his fellow residents and our staff.

In seeking a way to be helpful, John asked if he could take on some tidying jobs in our shared courtyard. John has put so much effort and love into this job, sweeping, tidying and weeding away.

The courtyard is looking spic and span, even with the wind and weather we've had over the past months blowing leaves about.

Thank you John, your input is invaluable!



NEWS FROM THE *Olivet Auxiliary*

Our Annual **Spring Fair** is the biggest event on our fundraising calendar. This year it will be held on **Saturday 20th October, 2018.**

If you would like to get involved, there are many ways to help!

Donate!

You can donate handcrafts to be sold at the Olivet Spring Fair. These can be left at Olivet Front Office with our friendly Reception team. Please advise our team if they are for the Fair!

Not overly crafty? You can help on the day by volunteering to assist on a stall for a short period of time. You can register with our friendly Reception Team and the Auxiliary will contact you closer to the date. 9131 5500 or reception@olivet.com.au

Help on the day!

Your Thoughts

Following some queries we received last month about what happens when you fill in a "Your Thoughts Form", we felt it might be handy to give a little overview.

These forms are found in each wing at the sign in/out desks, and are provided to allow an easy way for Olivet to receive feedback from residents, family members, visitors, volunteers and staff. The information on this form can be provided anonymously, however providing your name and contact details allows us to address your concern directly, so you can be made aware of the outcome.

What happens to this information?

We record all feedback (both positive and negative) **confidentially** in our Quality Improvement database, along with information on the change or action required, as well as when and how those changes were undertaken. This is a vital part of our Quality Improvement and Accreditation process.

The information written on a "Your Thoughts" form is not published publicly in any way, so you can feel confident in providing us with feedback which will be treated respectfully and confidentially.

Olivet's full privacy policy is available on our website, www.olivet.com.au



JOTTINGS FROM JUNIPER

Staff Profile: Heather Youll

I am Heather. I was born in Melbourne, the eldest of three children, and I grew up in Beaumaris enjoying summer holidays with my grandparents on a sheep station in the Riverina.

My first job was at a Milk Bar on Saturday mornings when I was a teenager. I have been a primary school teacher, a kitchen assistant, cook, teacher of English to adult speakers of other languages, and now a nurse and wellbeing care coordinator. I have enjoyed and learnt a great deal in all my varied roles.

I seek to care and provide times of meaning and joy to our residents, and I consider myself blessed to work with so many wonderful residents and staff in Juniper and more widely at Olivet.

At home I am wife to one, mother to five and grandmother to three (soon to be four!). I enjoy reading, bird watching, camping holidays and going to the theatre. I have lived in an aboriginal community in central Australia and retain strong links with people from that time. Earlier this year I spent five and a half weeks in Europe. A wonderful experience! This photograph was taken in Berlin - happy memories!



A new grandchild for staff member Joanie arrived on June 17.

His name is Leo and is doing well. Oma, Joanie, is over the moon!

Leo and his mother and big brother visited Juniper to the delight of our residents.





JOTTINGS FROM JUNIPER

Mothers' Day - Residents and Staff shared their 'mothering' photos, and prepared for Mother's Day by arranging flowers.



Men's Activity - Our gentlemen enjoyed a musical theme with their regular Men's Shed visitor. Playing, singing and reminiscing was enjoyed by all.





JOTTINGS FROM JUNIPER

AUSTRALIA'S BIGGEST MORNING TEA!

It is always fun to have a morning tea together, and raising funds for the Cancer Council is a good excuse to get together. In Juniper there was a great atmosphere as residents, family members, volunteers and staff enjoyed conversation and special treats as we raised \$263.30 for a very worthwhile cause.

Thanks to all who came along!





JOTTINGS FROM JUNIPER

WEAR YOUR PYJAMA'S DAY

This annual dress up day, when residents get into their "jammies" after their morning shower, and staff wear theirs to work, was enjoyed by all!



Jack the Music Man performed for Juniper residents and families delighting all. He will visit again soon bringing his humour, energy, music and fun



Celebrating our Staff



Vicki from Myrtle Court was recognised this month for the **peacefulness** she shows in her day to day work.

Vicki is a well loved member of our team, who is generally based in Myrtle Court. Vicki has worked at Olivet for a phenomenal 27 years!

Congratulations on your recognition award, Vicki, we are certainly blessed to have had your input as a team-member for so long.

ATTRIBUTE FOR AUGUST *Goodness*

In our continued effort to celebrate the different ways our team reflect Olivet's vision of providing care and compassion to our residents and their families, this month's focus is on the attribute of GOODNESS.

It is often said that those who go into caring role as a profession have a heart of gold, and we would certainly say that of our team!

In each area, a locked suggestion box is situated near to a sign in area or on a hall stand. Beside this box will be Goodness nomination forms.

Please write the name of the person you would like to nominate (and your name if you wish) and place the form into the Suggestion Box. In the second half of August all nominations will be placed in a hat and one name drawn. That person will receive a certificate and a small gift. All staff who receive a nomination will receive a card from their Department Head congratulating them on being recognised for showing goodness in their work!

"I remain confident of this - that I shall see God's goodness in the land of the living"
Psalm 27:13