

## THE GOOD OIL - JUNE 2018

Welcome to The Good Oil for June, and thank you for your continued readership. We hope that you are finding our little publication to be informative, fun and a great way to stay apprised of what's happening in our busy home.

We do welcome suggestions for content - so if there is anything you would like included, please don't hesitate to contact us.

Olivet has been a hive of activity during May, with final permits stamped and the trucks rolling onto site to commence the build of our new high care wing.

Progress seems to have started at breakneck speed, with multiple excavators on site and a buzz of activity.

You'll find some photographs later in this

issue of the view from Main Reception, which has become an impromptu viewing platform for our residents and visitors to enjoy watching this exciting progress!

Also in this month's newsletter you will read an important letter of communication from the Department of Health and Human Services regarding the influenza season and a message to visitors of aged care homes.

We, of course, have the usual outline of all our fun activities from May, and lots of dates to pop in your diaries for upcoming events in June, God Willing.

We hope you enjoy this month's offering, perhaps with slippers on, a hot cup of tea and the heater or fire keeping you warm; Winter has certainly arrived!

- God Bless!

# A NOTE FROM PENNY'S PEN



## PENNY WEST - DIRECTOR OF NURSING

My holiday is now a distant memory, however I can remember feeling relaxed and in awe of the beautiful scenery my husband and I saw as we traveled the Queensland Outback. For those of you who have not experienced driving or walking through arid and desert regions of Australia, the scenery is magnificent and so varied. We were blessed to travel following the heavy rains that came from cyclonic weather events in the Gulf. Every day the sky was either so blue it was nearly unimaginable or fluffy white clouds painted a backdrop to the red ochres of the jump mums or the gibber deserts.

The only day we had rain clouds in the east and a rainbow was the day we climbed Big Red in the Simpson desert. My camera clicked endlessly and I have been able to weed out 240 photos which are my best. However the most awe inspiring was watching the water slowly creep through the channel country from Cape York into the Lake Eyre basin area through sand swales of the desert regions. We took a flight over the Simpson desert from Birdsville and watched the Cooper flood pass and break banks. Another spectacular sight was to watch the arrival of rafts of pelicans as they descend onto the newly formed waterways. How they know that water will arrive thousands of kilometres away from the east coast of Australia is only in God's plan and design.

I returned to Olivet wanting to see progress with our new building however was greeted with no work owing to another hold-up with council planning permits, however this week has been a feast for our residents who love watching the huge excavator's work following a start at the beginning of last week after permits were granted.

By the time you read this we will have hoarding up in our Collins Room and in the area to the right of the Reception desk. The hoarding will protect our existing building from the new works and will be painted. We will reposition furniture so the Collins Room can be useful for the rest of the build time.

A reminder to all staff, residents, families, volunteers and visitors that the build site must not be entered at all for any reason. There are deep excavations and the fencing surrounding all of the site prohibits public access.

Olivet has now proudly displayed our new Re-Accreditation Certificate for the next 3 year period in the Reception area and we will, as prescribed by the Aged Care Act, have at least one unannounced audit every 12 months and the following re-Accreditation in 2012 will also be an unannounced visit. We will also, within the next 6 months, begin preparation on editing all Olivet's procedures as the Quality Process is being re-vamped by the Commonwealth Government.

Lovely to see our Heritage College children coming to spend more time with our residents and earlier this month, we also hosted the Canterbury Playgroup. We are very pleased to hear that they would like to come more often and so we hope to see these little children playing in the Collins Room building friendships and fostering mutual wellbeing.

**May God continue to be with us to  
bless, guide and care for us all.**

*Penny*

# BUILDING UPDATE

## EXCAVATION AND CONSTRUCTION WELL UNDERWAY!

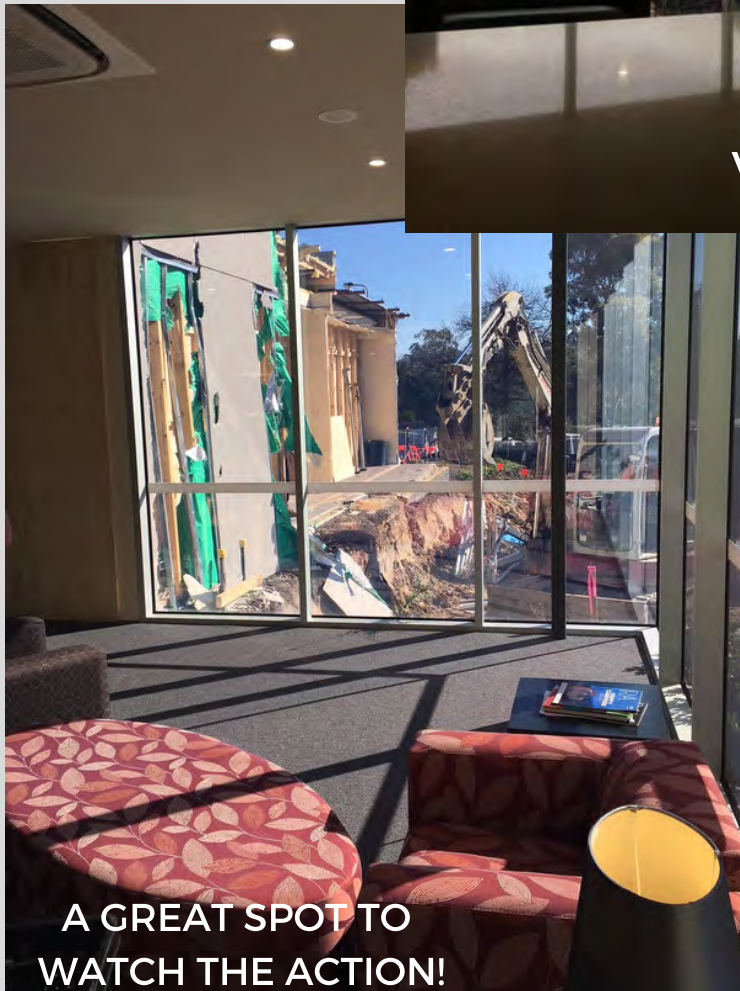


It's been a hive of activity here at Olivet over the past fortnight. The building site has been completely fenced off, trucks and excavators have rolled in and work has begun in earnest.

It's been a lovely activity to sit in Main Reception and see these huge machines at work, and many of our residents and visitors have taken advantage of the impromptu viewing area in the foyer to witness digging, moving and creating metres-deep holes which are then filled with reinforcement and concrete.



**VIEW FROM OUR RECEPTION DESK**



**A GREAT SPOT TO  
WATCH THE ACTION!**

We thank you for your understanding with changes to access during this time of exciting construction and development for Olivet - if you need any assistance with where to park or how to access parts of the building, please don't hesitate to speak with our friendly reception team.

# OLIVE GROVE HOUSE

## DAY CENTRE AND ACTIVITY PROGRAM

### HELLO AND WELCOME TO THIS MONTH'S NEWSLETTER!

The Autumn weather has finally set in, and we are welcoming rain after many dry months! Our gardens and plants are loving the water, and leaves are beginning to fall preparing for the Winter months.

Just a reminder that this can often be a time of the year when clients and families become unwell with colds and viruses. Many of our clients who attend Olive Grove House are frail and elderly. Please make sure your loved one does not attend the day centre program if they feel unwell, or are at risk of spreading any viruses. We also ask that you advise Cathy Honan if your loved one has had their flu vaccination this year.

*May*  
**BIRTHDAYS!**

We would like to wish Margaret, who celebrated her birthday on the 31st of May a very happy birthday! We also have two of our wonderful staff celebrating birthdays in May - Sylvia on the 9th and Gaye on the 28th. We hope you all enjoy your special days, and look forward to celebrating with you at OGH.

We farewell Maurice, Jan and Jean who have recently been placed in permanent care. However we are blessed and happy to say that they are all now residing in The Willows here at Olivet, and still part of the Olivet community. They will always have a special place in our hearts along with their families and we have many fond memories in Olive Grove House.

*Farewell*



Our room will be decorated for Winter for a short time whilst staff of Olive Grove House prepare for our next BIG theme - Rock 'n' Roll in July! Staff are very excited about this theme, and we love seeing the reaction on our clients and families' faces as they walk into the room!

So get your dancing shoes on - and be ready to ROCK!

### QUEEN'S BIRTHDAY PUBLIC HOLIDAY...

Olive Grove House will be open as normal on Monday 11th June, which is the Queen's Birthday Public Holiday.



### GUESS THE BABY COMPETITION!

We will soon be running a "Guess Who The Baby Is" competition! Clients will be asked to bring in a photograph of them as a baby or child, and these will be displayed in Olive Grove House for all to guess who they are.

Step back into your childhood days with us and have some fun!



# OLIVE GROVE HOUSE

## DAY CENTRE AND ACTIVITY PROGRAM



# OLIVE GROVE HOUSE

## DAY CENTRE AND ACTIVITY PROGRAM

### Celebrating the Royal Wedding in Style!

Olive Grove House celebrated the Royal Wedding of Prince Harry to Meghan Markle in style! The room was decorated with white table cloths, silverware, place cards, a beautiful wedding table with a royal cake, and an arch way where photographs were taken of our clients who came dressed in their finest clothing!

A trip down memory lane, clients and staff brought in their own wedding photos and albums and shared with all their own special day. Our clients love to participate in all the themes and enjoy dressing up and joining in with the fun. We then feasted on a High Tea!



### Marriage

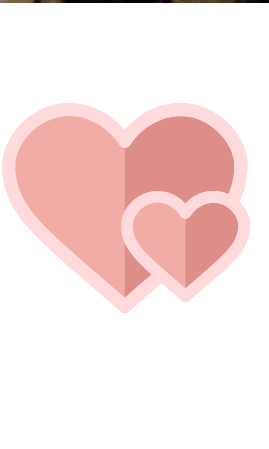
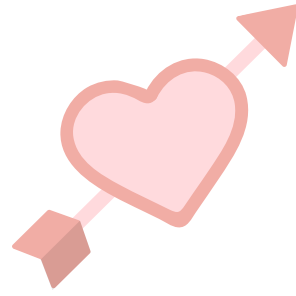
A marriage works on give and take  
And learning how to share  
Always thinking of your loved one  
And to show how much you care  
To trust each other always  
And forgive when there's a need  
To say how much you love them  
Is a wonderful thing indeed  
Your love upon your wedding day  
Will grow throughout your life  
And build upon that moment  
When you become husband and wife

### AUSTRALIA'S BIGGEST MORNING TEA

On Friday 25th of May we celebrated Australia's Biggest Morning Tea! This fundraiser for Cancer Council Australia. Thanks to all of the clients who got involved - all gold coin donations will be donated to the Cancer Council Australia for this worthy cause.

# OLIVE GROVE HOUSE

## DAY CENTRE AND ACTIVITY PROGRAM



# MORE FUN AND GAMES FROM OUR DAY CENTRE AND ACTIVITY PROGRAM



## HELPFUL INFORMATION - CONTINENCE AIDS PAYMENT SCHEME

If you, or someone you know, has incontinence, there is help out there to assist with the cost of continence aids.

The "CAPS" or Continence Aids Payment Scheme, is an annual payment intended to help cover some of the cost of continence aids. The rate for the 2017-2018 financial year is \$583.20 (this figure is indexed each year).

To be eligible, applicants must meet the following criteria:

- Have permanent and severe incontinence
- Be 5 years of age or older

and you must also have either:

- An eligible neurological condition (listed on the bladder and bowel website)
- or another eligible condition and a Pensioner Concession Card.

You can apply for the CAPS by completing an application form which includes a report which your health professional must complete to certify that you have permanent and severe incontinence.

Olive Grove House staff can provide you with a CAPS form, or alternatively you can contact medicare on 132 011, or the CAPS team on 1800 239 309 during business hours.

# LEISURE AND LIFESTYLE NEWS

As we swiftly approach the month of June and nearly halfway through the year already! The autumn colours are looking beautiful and at last we have had some much needed rain. May has been a happy and very busy month for us at Olivet; we have enjoyed two visits from our "Sister school - Heritage College" – a beautiful affiliation between young and old; closing the generation gap! We had the very young at the beginning of the month with the playgroup coming to visit.

The Collins room was transformed into an active playgroup with toys, craft, drawing activities underway for the little ones followed by fun with the parachute and some songs and dance. They were surrounded by the happy faces of our residents watching in wonder and joy at the cuteness before them. We are hoping that this activity may be the start of a more regular partnership through the year.

Some of the little ones came back with mums to watch their older brothers and sisters come and perform in the Heritage College concert that was put on for our elders; singing and musical items. A good experience to learn to perform at a young age and of course the audience loved it.

Our volunteers were celebrated this month particularly as it was National Volunteers week 21st – 27th May. Volunteers were invited to attend a special morning tea and Gayle one of our residents gave a beautiful and moving speech on behalf of all the residents to thank our volunteers for all the work and care they give to us all at Olivet.

Alison Caudery, on behalf of Allison Lazenby [leisure.lifestyle@olivet.com.au](mailto:leisure.lifestyle@olivet.com.au)

We really do appreciate the many hours collaboratively that our volunteers give us in many different ways. If you would like to be a volunteer at Olivet please contact our Volunteer Co-ordinator Alison Caudery [a.caudery@olivet.com.au](mailto:a.caudery@olivet.com.au).



Whilst there was much talk on the news and excitement in London about the big wedding of Harry and Megan, Olivet was also able to celebrate weddings and wedding dresses with our very own Harry and Meg. Harry (the brother of Meg) was a great sport and agreed to model as a bridegroom in top hat and tails not just for Meg but for four other models who demonstrated a number of different wedding dresses from 1950 through to 2017. The wedding dresses were donated for the day from residents and staff. Our residents were quite touched to see their wedding dresses on display and had forgotten "how beautiful they were".

May is also the month of the Cancer Council Biggest Morning Tea held all around Australia to help raise funds for cancer research. Tuesday 29th May was the day for Olivet's Biggest Morning Tea in Acacia under the theme "Teas around the world" – cultures and customs; with demonstrations of tea making from different nationalities.

A great morning was had by all with tea samples and food from England, China, Greece, India and America! Juniper held their Biggest Morning Tea on Thursday 31st May raising \$263.30. Our total at the end of May is \$698.30 which also includes donations from the morning tea held in Olive Grove House. A big thank you to everyone who has assisted and supported these events to raise money for a valuable and worthwhile cause. THANK YOU!!

June at Olivet is set to be a Musical Month! Music needs no words, and brings much enjoyment in many ways to our residents. Our birthday party will take the form of a Soiree, where we are looking forward to enjoying the musical talents of Tintern College Students. Olivet is having its very own "Dinner Dance", which families are cordially invited to attend. We will reminisce about the old "Tea Dances" some of our residents used to attend. Dancing in a wheel chair is still possible and encouraging movement to music is a fun way to keep those muscles going. Please RSVP to reception by Friday 8th June if you can come – we would love to see you.

Other musical items for the month include a concert with Barb Clementson, a very talented musician who has been associated with Olivet for many years. Barb plays the piano and she is coming with a violist. To round up the musical events we have Meg Green one of our staff members giving a concert of songs from the Musicals.

Wishing you a wonderful and happy month of June.

## LEISURE AND LIFESTYLE STAFF PROFILE - ANDREA GREEN



This week we are excited to help you get to know Andrea Green, one of our Leisure and Lifestyle Team-members.

Andrea commenced work with Olivet some 14 years ago, initially as a ward assistant and then as personal carer and now after completing her studies works 3 days in the Leisure and Lifestyle Department. Andrea is a great asset to the department as she is very skilled at anything creative, she also loves cooking with the residents and has recently taken on the role of organising our "Special Event" activities.

Andrea has a love for life and brings that to our residents in many different ways, not only through creativity but through a love for the outdoors and animals and is very supportive of our recent pet therapy initiative with Animal Aid.

The other members of Andrea's family include her husband, Steven (who many of us know affectionately as Ralph), Meg who recently was married to Jed, Harry and Sophie. Meg and Sophie also work at Olivet. Andrea is an active member of the Christadelphian church and meets with her family at the Ringwood Christadelphian church, she is also involved with the youth and organising youth activities and camps.

When Andrea isn't doing all of the above she loves to run, hike, cycle and do anything active or fun. She has recently been involved with a group that have gone to Vanuatu to the island of Tanna to assist the Christadelphian run school and the building of new dwellings and infrastructure.



What fun we had reminiscing with a fashion parade of Wedding Gowns Through The Ages! Thanks to the staff who dressed up and joined in!



This month we celebrated International Nurses Day, had our monthly Birthday Celebration, and were treated to a visit from the Mums and Kids of Heritage Playgroup! Such a delight to see our residents enjoying the children having fun as they played and sang through the morning.



# ACTIVITIES FOR

## June

These activities will proceed, God Willing, this month. If you would like to get involved, please don't hesitate to contact our lifestyle and leisure team!

<b>Friday 1st</b>	<b>10.45am</b>	Sing-a-Long (Willows)
	<b>3.00pm</b>	Book Club (Acacia)
<b>Tuesday 5th</b>		DRESS AS A MUSICIAN OR MUSICAL ITEM
	<b>9.45am</b>	Library (Acacia Hall)
	<b>10.15am</b>	Birthday Party Soiree - Tintern College (Acacia)
	<b>1.15pm</b>	Community Church (Willows)
<b>Friday 8th</b>	<b>10.45am</b>	Hymn Singing (Willows)
<b>Monday 11th</b>		QUEEN'S BIRTHDAY PUBLIC HOLIDAY
<b>Tuesday 12th</b>	<b>10.45am</b>	Carpet Bowls (Willows)
<b>Wednesday 13th</b>	<b>11.00am</b>	Olivet Dinner Dance and Luncheon (Acacia)
	<b>to 1.30pm</b>	See full advertisement on next page!
<b>Friday 15th</b>	<b>10.45am</b>	Sing-a-Long (Willows)
	<b>2.00pm</b>	Movie Afternoon "A Dogs Purpose" (Willows)
<b>Saturday 16th</b>	<b>2.00pm</b>	CYC Entertainment and Afternoon Tea
<b>Monday 18th</b>	<b>10.45am</b>	Musical Concert with Barb Clementson (Willows)
<b>Friday 22nd</b>	<b>10.45am</b>	Hymn Singing (Willows)
<b>Tuesday 26th</b>	<b>10.45am</b>	Songs from the Muscials with Meg (Willows)
<b>Friday 29th</b>	<b>10.45am</b>	DVD Presentation (Willows)

## Reminders

Daily Bible Readings in Acacia Hall at 2.00pm  
Bible Class is in now Winter Recess

# LEISURE AND LIFESTYLE SPECIAL EVENT...

JOIN US FOR THE OLIVET

## DINNER DANCE

TO BE HELD

# WEDNESDAY

# 13TH JUNE

FROM 11.00AM TO 1.30PM

FEATURING THE MARBRAY JAZZ BAND,  
DANCING AND FINGERFOOD LUNCH FOR YOU  
AND YOUR FAMILY



**RSVP TO RECEPTION BY FRIDAY 8TH JUNE**  
NO RSVP REQUIRED FOR RESIDENTS

# UPCOMING EVENT



**dementia  
australia™**

The new voice of Alzheimer's Australia

In conjunction with Dementia Australia, Olivet is pleased to be presenting an information evening for families and friends of people living with dementia.

## INTRODUCTION TO DEMENTIA AND SERVICES FOR FAMILIES

**Presented By Natalie White**



This session is about:

- information and facts about dementia
- how to engage with people with dementia
- how to have a good visit with a family member
- opportunity to share your experiences
- practical strategies for support
- introduction to Dementia Australia's services and support

**WHEN?**

Thursday 2nd August, 2018

**WHAT TIME?**

6.00pm to 7.30pm

**WHERE?**

Olivet Aged Care (7-9 Rupert Street, Ringwood)

**RSVP**

Essential! Contact Reception at Olivet on 9131 5500 or [reception@olivet.com.au](mailto:reception@olivet.com.au) to book

If there is sufficient interest, Olivet may be able to have our Day Centre (Olive Grove House) open to provide care for loved ones during this session so that you can attend.

Please advise if you are interested in this option when you RSVP

**National Dementia Helpline  
1800 100 500**

# DID YOU KNOW?

## UPCOMING EVENTS IN THE LOCAL COMMUNITY, AND AGED CARE NEWS HIGHLIGHTS

### TUNING IN TO RADIO'S IMPACT ON OLDER ADULT WELLBEING

THIS ARTICLE WAS ORIGINALLY PUBLISHED BY AGED CARE INSITE. YOU CAN READ THE FULL ARTICLE AT [WWW.AGEDCAREINSITE.COM.AU](http://WWW.AGEDCAREINSITE.COM.AU)

For some, listening to the radio is a way to kill time while driving, or catch up on the day's news; but for older adults the desire to tune in might have deeper implications.

In partnership with the Community Broadcasting Foundation, Dr Amanda Krause from the University of Melbourne is exploring older adults' radio listening practices and how they might relate to their sense of wellbeing.

Early findings from her interviews with Melbourne residents aged 65 years and over indicate that for some people the radio offers companionship - both by listening to music programs as well as to radio presenters.



"Some people spoke not only about their enjoyment from listening to the radio, but about consciously modifying their listening in efforts to improve their mood," Krause said.

In the next phase, Krause will speak with radio personnel about their decisions on programming and how they might be able to positively influence listener's wellbeing.

"The project is very exciting because it has real power to make changes in the community," she said.

Dr Krause is seeking participants to complete a short online questionnaire to help her research. Contact information for this survey, as well as an audio recording of an interview with Dr Krause about her work is available on the Aged Care Insite website.

# Important Information

Please take note of this communication from the Department of Health and Human Services for all families of residents in permanent care



## Department of Health and Human Services

50 Lonsdale Street  
Melbourne Victoria 3000  
Telephone 1800 650 172  
GPO Box 4057  
Melbourne Victoria 3001  
[www.dhhs.vic.gov.au](http://www.dhhs.vic.gov.au)  
DX 210081

22/05/2018

Dear family member

Winter is fast approaching and brings with it an increased risk of viral respiratory illnesses in the community. While all types of respiratory viruses can cause sickness in the elderly, influenza (commonly called 'the flu') is a particularly contagious infection that can cause severe illness and death for vulnerable people.

### **The 'flu' season**

In Australia the 'flu' season generally occurs between April and October. Residential care facilities are particularly susceptible to influenza outbreaks during this time. Even when facilities actively try to prevent outbreaks occurring, many external factors (like the strain or type of the flu virus) may lead to residents or staff contracting the 'flu' and outbreaks in residential care facilities.

Families play an important role in protecting their relatives from community viruses. Practical steps you can take to prevent influenza from entering residential care facilities are outlined below.

### **Vaccination**

Having the influenza vaccination will protect you, your children, people with chronic conditions or low immunity and elderly relatives. It is important to have your influenza vaccination every year as the vaccine changes to reflect the expected (or most common) strain or type of influenza. Encouraging others to get their influenza vaccination, particularly your elderly relatives in residential care facilities and everyone who visits them is the best way to prevent influenza infection.

The influenza vaccination is free for children between 6 months and 5 years of age, people aged 65 and over, pregnant women (in any stage of pregnancy), most Aboriginal and Torres Strait Islander people, and individuals with certain medical conditions. Discuss vaccination with your local pharmacist or general practitioner.

### **Avoid spreading illnesses**

Washing your hands well with liquid soap and water or alcohol hand rub before and after visiting and after coughing or sneezing will help reduce the spread of disease. Cover your mouth with a tissue or your elbow (not your bare hand) when coughing or sneezing and dispose of used tissues immediately and wash your hands.

# Important Information

Please take note of this communication from the Department of Health and Human Services for all families of residents in permanent care

## **Follow any restrictions the residential care facility has put in place**

Facilities will post signs at entrances and within their units to inform you if an outbreak is occurring so look out for these warning signs when entering the facility.

It's also important to follow the infection control guidelines as directed by the facility staff. This may include wearing a disposable face mask and/or other protective equipment (gloves, gowns) as instructed. Certain group activities may be postponed during an outbreak.

## **Stay away if you're unwell**

If you have recently been unwell, been in contact with someone who is unwell or you have symptoms of respiratory illness (fever, sore throat, cough, muscle and joint pain, tiredness/exhaustion) please do not visit the facility until your symptoms have resolved.

## **Limit your visit**

If there is an outbreak in the residential care facility, we ask that you only visit the person you have come to see and keep children away if they or your resident family member is unwell. Avoid spending time in communal areas of the facility if possible to reduce the risk of spreading infection.

Thank you for your assistance in adhering to these steps. These measures will greatly assist residential care facilities and protect the health of your relatives in the event of an influenza outbreak this season.

Should you require further information regarding the influenza season and outbreaks in residential care facilities please refer to our website:

<<https://www2.health.vic.gov.au/public-health/infectious-diseases/infection-control-guidelines/respiratory-illness-management-in-aged-care-facilities>>

Yours sincerely,



## **Dr Brett Sutton**

Deputy Chief Health Officer (Communicable Disease)  
Health Protection Branch  
Regulation Health Protection and Emergency Management Division

Following some recent concerns, we have been advised to publish a Code of Conduct for families and visitors to Olivet, to ensure our staff are respected and our residents are valued by all. If anyone has any concerns regarding this Code of Conduct, please do not hesitate to be in contact with Olivet Management.



## **Code of Conduct for Relatives and Visitors**

We expect that those visiting and working at Olivet will cooperate to achieve Olivet's Vision, Values and Culture understanding that we provide accommodation which is the home to not only your family member or friend, but to other residents, all deserving to be respected and valued.

We therefore expect, and thank you in advance, for treating our staff and all residents courteously and respectfully.

### **Staff and Resident Interaction**

Olivet has a legal responsibility to provide a workplace and home for our residents which is free from harassment and anti-social behaviour, where religious and cultural identity is respected, where the right to privacy and confidentiality is respected and upheld and where the recognition of the right to a pleasant and professional workplace and home environment is upheld.

Behaviour from visitors or families which is threatening, abusive, violent or disrespectful is therefore not accepted or to be tolerated. It is also not acceptable to verbally abuse staff or residents, raise voices or become threatening in any way.

Resolving difficult situations can only be achieved when individuals cooperate, stay in control of their behaviour and respond reasonably. Any relative or visitor who breaches any expectations as mentioned above or in any way poses a risk to an Olivet resident and does not comply with reasonable requests by staff to desist, will be asked to leave Olivet. If a relative or visitor who is asked to leave refuses to do so, staff will contact Police and seek assistance. Any individual who is intoxicated or under the effect of drugs will be asked to leave with refusal resulting in a call to the Police.

### **Use of Electronic Recording Devices**

Electronic recording devices, however named, when used for recording images / voices of Olivet, Staff or Residents, pose a breach to privacy and is against the law without permission first being granted by Olivet Management.

# Celebrating our Staff



**Giby from our Domestic Services Team** was recognised this month for the **joyous** way that he goes about his work. Giby was nominated by one of our residents - and we all agree that he is a valued member of the team who always has a bright smile, and a friendly word for anyone passing by.

Giby has worked with Olivet for almost seven years and many family members will be familiar with him as he works hard to keep our resident's rooms looking spic and span, along with the rest of the Domestic Services Team.

Congratulations to all who were nominated this month, and thank you to all who put in a nomination form!

## ATTRIBUTE FOR JUNE *Patience*

In our continued effort to celebrate the different ways our team reflect Olivet's vision of providing care and compassion to our residents and their families, this month's focus is on the attribute of **PATIENCE**.

Whilst the exuberance of joy can lift the spirits, many occasions call for a patient nature to provide calm and reassurance to residents and families.

In each area, a locked suggestion box is situated near to a sign in area or on a hall stand. Beside this box will be Patience nomination forms.

Please write the name of the person you would like to nominate (and your name if you wish) and place the form into the Suggestion Box. In the second half of June all nominations will be placed in a hat and one name drawn. That person will receive a certificate and a small gift. All staff who receive a nomination will receive a card from their Department Head congratulating them on being recognised for showing patience in their work!

**"So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience" Colossians 3:12**